



P. O. Box 95
San Andreas, CA 95249
(209) 754-4468 Phone
(209) 754-2537 Fax

**Meeting of the Board of Directors
Wednesday Sept. 26, 2018
7:30 am
Mark Twain Medical Center Classroom 2
768 Mountain Ranch Rd,
San Andreas, CA**

Agenda

Mark Twain Health Care District Mission Statement

“Through community collaboration, we serve as the stewards of a community health system that ensures our residents have the dignity of access to care that provides high quality, professional and compassionate health care”.

1. Call to order:
2. Roll Call:
3. Approval of Agenda: Action
4. Public Comment on matters not listed on the Agenda:

The purpose of this section of the agenda is to allow comments and input from the public on matters within the jurisdiction of the Mark Twain Health Care District not listed on the Agenda. (The public may also comment on any item listed on the Agenda prior to Board action on such item.) **Limit of 3 minutes per speaker.** The Board appreciates your comments however it will not discuss and cannot act on items not on the agenda.

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Agenda – Sept. 26, 2018 MTHCD Board Meeting

5. Consent Agenda: Action

All Consent items are considered routine and may be approved by the District Board without any discussion by a single roll-call vote. Any Board Member or member of the public may remove any item from the Consent list. If an item is removed, it will be discussed separately following approval of the remainder of the Consent items.

A. Un-Approved Minutes:

- Un-Approved Finance Committee Meeting Minutes for Aug. 8, 2018
- Un-Approved Board Meeting Minutes for Aug. 8, 2018
- Un-Approved Board Meeting Minutes Aug. 22, 2018

6. New Business:

A. VSH& Wellness Center Operational Planning: ActionDr. Smart

- Consultant Presentation:.....Kelly Hohenbrink / Cheryl Duncan

B. Resolution 2018 – 18: Action

- Application for Certificate of Consent to Self-Insure as a Public Agency Employer Self-Insurer. Workers Comp Policy with BETA.....Dr. Smart

C. Directors Compensation – AB 2329:.....Dr. Smart

D. Report from Attendees - ACHD Training – Sept. 12-14th:.....Dr. Smart / Ms. Reed

7. MTHCD Reports:

A. Presidents Report:Ms. Reed

- Association of California Health Care Districts (ACHD):

B. Executive Director Report:.....Dr. Smart

- Strategic Plan Matrix:
- Grants Calendar:

C. Corp. Board Report:Ms. Reed / Ms. Atkinson

D. Stay Vertical Calaveras:.....Steve Shetzline

8. Committee Reports:

A. Finance Committee:.....Ms. Atkinson / Ms. Radford

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Agenda – Sept. 26, 2018 MTHCD Board Meeting

- Financial Update:.....Mr. Krieg
- Recommendation - Approval of Aug. 2018 Financial Statements: **Action**Ms. Atkinson

B. Ad Hoc Lease Review Committee:.....Ms. Reed / Ms Atkinson

C. Ad Hoc Policy Committee:.....Ms. Atkinson / Ms Al-Rafiq

- Policy No. 14: Conduct Related to Elections: **Action**
- Policy No. 16: Membership in Associations: **Action**
- Policy No. 29: iPad Usage: **Action**

D. Ad Hoc Real Estate:Ms. Reed / Ms Al-Rafiq

- **Update on the Valley Springs Health and Wellness Center:**.....Dr. Smart
 - Project Manager:.....Pat Van Lieshout
 - Facility Management Group Agreement: **Action**Dr. Smart
- **Update on Valley Springs Property - Phase II:**..... Al-Rafiq / Ms. Reed

E. Ad Hoc Community Grant:.....Ms. Radford / Ms. Sellick

- Common Ground Request – Care for the Caregiver Conference: **Action.....**Ms. Radford

9. Board Comment and Request for Future Agenda Items:

A. Announcements of Interest to the Board or the Public:

10. Next Meeting:

A. October 24, 2018 (Regular Board Meeting)

11. Adjournment: **Action:**

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Agenda – Sept. 26, 2018 MTHCD Board Meeting



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Finance Committee Meeting
Wednesday August 8, 2018
9:00 am
Mark Twain Medical Center Education Center - Classroom 5
San Andreas, CA

Un- Approved Minutes

Mark Twain Health Care District Mission Statement

“Through community collaboration, we serve as the stewards of a community health system that ensures our residents have the dignity of access to care that provides high quality, professional and compassionate health care”.

1. Call to order:

The meeting was called to order by Treasurer Susan Atkinson at 9:00am.

2. Roll Call:

Present for roll call were Ms. Atkinson, MSW, Ms. Radford, FNP and Mr. Mark Smith.

3. Approval of Agenda: Action

Ms. Radford moved to approve the agenda. The motion passed 3-0 when Mr. Smith provided his second.

4. Public Comment On Matters Not Listed On The Agenda:

Hearing none.

5. Consent Agenda: Action

A. Un-Approved Minutes:

- Un-Approved Special Finance Committee Meeting Minutes for July 18, 2018:

B. Bank and Investment Statements:

- Bank of Stockton (7-30-2018):

C. County Auditor / Controller’s June Report: Not yet received.

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Ms. Radford moved to approve the Consent Agenda. Mr. Smith provided his second and the motion passed 3-0.

6. New Business:

A. Rick Wood, CSDA Finance & Admin. Director:

Dr. Smart: Introduced Mr. Wood as the CFO for CSDA and asked him to describe the accounting services he might be able to help the District with as the District transitions from the MTMC account services.

- Accounting Services:
- Umpqua Bank Services:

Mr. Wood: Is working with to develop a pilot program within CSDA to assist three small districts with their accounting needs. The District could be one of the three in the program, hire a part-time bookkeeper and he would assist in the training and attend Board meetings. The District could participate in a Cal-Trust program as well as have a commercial credit card through Umpqua Bank. He would be instrumental in the set-up, obtaining necessary resources such as software and meeting the necessary requirements for the District. Cal-Trust:

Dr. Smart: Has researched; LAIF and Cal-Trust for investment options. While LAIF is very liquid it doesn't offer a very good return.

Mr. Wood: Suggested looking into Black Rock and asking them to visit the district.

7. Controller's Report: Action

- Financial Status, Trends, Long-Term Views and Cashflow:
- June Financials Will Be Presented to The Committee:
- Financial Dashboard:

Mr. Krieg: The budget is based on the new lease which is in progress. The budget figures will "true up" when the lease is signed; revenues were higher than last year due to higher tax and investment income; the minority interest for the MTMC Corp. decreased again for the month.

8. Executive Director's Report:

- USDA Loan:
- USDA Loan Draws:

Dr. Smart: Anticipates the USDA loan will close on Sept. 5th and the District can request the first draw of approx. \$385k. through the Bank of Stockton; there will be some large amounts to be paid as the project gets the building permit, the CCWD permit, the grading permit and pays for the bond attorney.

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9. **Treasurer’s Report:**.....Ms. Atkinson

- **Investments Policy No. 22:**

Mr. Wood: Will review the District’s draft investment policy and make suggestions.

- **New Accounting Services and Discussion:**

Mr. Krieg: Will assist in the ordering of check stock, researching the program best suited for the District to transition from the MTMC accounting services.

10. **Comment and Future Agenda Items:**

11. **Next Meeting:**

- The next meeting will be September 12, 2018

Ms. Atkinson: Requested the next Finance Committee meeting be changed to Sept 19th and suggested inviting Cal Trust.

Dr. Smart: It is likely there will be a Special Board Meeting on Sept. 20th.

12. **Adjournment:** Action

Ms. Radford was called from the meeting prior to adjournment.

Mr. Smith moved to adjourn the meeting. Ms. Atkinson provided her second and the motion passed 2-0 with Ms. Radford absent.



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**Special Meeting of the Board of Directors
Wednesday August 8, 2018
8:00 am
Mark Twain Medical Center Classroom 5
768 Mountain Ranch Rd,
San Andreas, CA**

Un- Approved Minutes

Mark Twain Health Care District Mission Statement

“Through community collaboration, we serve as the stewards of a community health system that ensures our residents have the dignity of access to care that provides high quality, professional and compassionate health care”.

1. Call to order:

The Meeting was called to order by President, Lin Reed at 8:01am

2. Roll Call:

Present for roll call was Lin Reed, MBA OTR/L; Ann Radford, FNP; Susan Atkinson, MSW and Talibah Al-Rafiq. Debbie Sellick CMP was absent.

3. Approval of Agenda: Action

Ms. Radford moved to approve the agenda a modified. Ms. Atkinson provided her second and the motion passed 4-0.

4. Public Comment on matters not listed on the Agenda:

Hearing none.

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Minutes – August 8, 2018 Special Board Meeting

5. New Business:

A. Resolutions No. 2018 – 11, 2018 – 12 and 2018 – 13

- **Resolution No. 2018 - 11:** Action by Roll Call Vote
 - **Resolution:** USDA Form RD 1942-47 for the \$6,782,000 Series A Certificates of Participation Loan

Dr. Smart: Explained the VS Health & Wellness Center construction bids were opened on July 3rd. The bids came in \$2million higher than the architect's estimate causing for an adjustment to the USDA loan. USDA has confirmed the bids are at the current market amount. The remedy is to revert the original loan from \$5.6million to the application amount of \$6.782million. In addition, USDA suggested the District seek an additional \$678k prompting Resolution 2018 – 12. The original loan is still at 3.625%. The smaller loan is at 3.875%. No principal will be paid until 2020.

Ms. Al-Rafiq asked to rescind **Resolution 2018 – 07** (agenda item 5. B.) prior to considering Resolution No. 2018 - 11. The Board obliged by moving to item 5. B.

Ms. Atkinson moved to approve **Resolution 2018 – 11**. Ms. Radford provided her second and the motion passed by a roll call vote: Ayes; Ms. Radford, Ms. Atkinson, Ms. Al-Rafiq and Ms. Reed. Ms. Sellick was absent. There were zero no votes.

- **Resolution No. 2018 - 12:** Action by Roll Call Vote
 - **Resolution:** USDA Form RD 1942-47 for the \$678,000 Series B Certificates of Participation Loan:

Ms. Radford moved to approve Resolution 2018 – 12. Ms. Al-Rafiq provided her second and the motion passed by a roll call vote of: Ayes; Ms. Radford, Ms. Atkinson, Ms. Al-Rafiq and Ms. Reed. Ms. Sellick was absent. There were zero no votes.

- **Resolution No. 2018 - 13:** Action by Roll Call Vote
 - **Resolution:** Establishing \$600,000 Board Designated Fund, an annual \$41,500 Debt Service Reserve Fund.

The following was read into the record: Establish a \$600,000 Board Designated Fund for Future Capital Expenditures, establish an annual \$41,500 Debt Service Reserve Fund, include in the District's annual operating budget its debt service/lease payments relating to the USDA Certificates of Participation Loans, and rescind Resolution 2018-6 adopted by the Board on April 25, 2018.

Ms. Atkinson moved to approve **Resolution 2018 – 13**. Ms. Radford provided her second and the motion passed by a roll call vote of: Ayes; Ms. Radford, Ms. Atkinson, Ms. Al-Rafiq and Ms. Reed. Ms. Sellick was absent. There were zero no votes.

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Minutes – August 8, 2018 Special Board Meeting

B. Rescind Resolution 2018 – 07 (Board Approved on April 25, 2018): Action

Ms. Atkinson moved to rescind Resolution 2018 -07. Ms. Radford provided her second and the motion passed 4 - 0.

6. Board Comment and Request for Future Agenda Items:

A. Announcements of Interest to the Board or the Public:

Ms. Reed: Larry Philipp will be rejoining the MTMC as interim until a CEO is hired.

Dr. Smart: Rick Wood, CFO for CSDA will be joining the Finance Committee meeting this morning to discuss an alternative accounting services option.

7. Next Meeting:

A. August 22, 2018

Dr. Smart: Requested the Board allow three hours for the August 22nd meeting as the agenda will include USDA and VS Health & Wellness resolutions.

8. Adjournment: Action:

Ms. Atkinson moved to adjourn at 8:22am. Ms. Radford provided her second and the motion passed 4-0.



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Wednesday Aug. 22, 2018
7:30 am
Mark Twain Medical Center Classroom 2
768 Mountain Ranch Rd,
San Andreas, CA**

Un - **Approved Minutes**

Mark Twain Health Care District Mission Statement

“Through community collaboration, we serve as the stewards of a community health system that ensures our residents have the dignity of access to care that provides high quality, professional and compassionate health care”.

1. Call to order:

The meeting was called to order by President Lin Reed at 7:33am

2. Roll Call:

Present for roll call was Lin Reed, MBA OTR/L; Ann Radford, FNP; Susan Atkinson, MSW; Debbie Sellick CMP and Talibah Al-Rafiq.

3. Approval of Agenda: **Action**

Dr. Smart: Requested

- Item 7 B: (pkt. pg. 35) be changed to an action item.
- Item 8 F: be changed to appear as 7 D because it is District Program.
- Item 11: Closed Session will move to Classroom 5. Those present for the Closed session will be Ms. Sellick, Ms. Al-Rafiq, Dr. Smart and Mike Peterson (legal) will call into the meeting. Once completed they will return to Classroom 2 to complete the meeting (items 12 and 13).

Ms. Al-Rafiq moved to approve the agenda as amended. Ms. Atkinson provided her second and the motions passed 5-0.

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Minutes – Aug. 22, 2018 MTHCD Board Meeting Approved _____

4. Public Comment on matters not listed on the Agenda:

Hearing none.

5. Consent Agenda: Action

Ms. Atkinson moved to approve the Consent Agenda. Ms. Sellick provided her second and the motion passed 5-0.

A. Correspondence:

- General Election Notice & Posting - Calaveras Elections Dept. (July 17, 2018):
- Additional Premises Letter (8-1-2018) & Schedule 2:
- USDA Concurrence to Contract Award to Diede Construction (8-3-2018)
- Report of Proposed Debt - CA Debt Invest Advisory Commission - Report (8-3-2018)
- Common Ground Request for Grant - Care for the Caregiver Conf. (8-10-2018)
- Skylar Foust – Thank you (8-4-2018)

B. Un-Approved Minutes:

- Un-Approved Finance Committee Meeting Minutes for July 18, 2018
- Un-Approved Board Meeting Minutes for July 25, 2018

6. New Business:

A. Todd Aquilina, Umpqua Investments:

Ms. Atkinson: Mentioned she had had a meeting with Jeff Kantor, Sr. VP Investments for Umpqua and Todd Aquilina, Central Valley Team Leader for Umpqua and asked Todd to attend and speak.

Mr. Aquilina: Introduced team members in the audience; Diana Scaparro – Cammisa, Store Mgr., and Sally Mole, Universal Banker. Both are from the San Andreas Store. He was hired as the Central Valley Team Leader and will be attending District meetings and with the assistance of Jeff Kantor, based at their Oregon Headquarters, will address the banking and investment needs of the District. They refer to the branches as stores to equate a local feel. The San Andreas Store is one of 267, is well staffed and eager to assist.

7. MTHCD Reports:

A. Presidents Report:

- **Association of California Health Care Districts (ACHD):**

Ms. Reed: Will be attending the ACHD Training Meeting next week; Members of the Board will be attending the annual meeting in Pismo Beach in Sept. and Dr. Smart will be speaking at the annual training meeting on the District's partnership with the Children's Advocacy Program.

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B. Executive Director Report:

Dr. Smart: The Board pkt is very full of contracts (many pages) that have been created by legal and reviewed by appropriate Ad Hoc Committees and staff.

Ms. Reed: Requested an Executive Summary be prepared for future documents as mentioned above.

Dr. Smart: The Archer Norris legal firm as we know it will be dissolving. The District's legal team of Colin Coffey, Mike Peterson and some others will form a new firm. We can expect more details as they become available. The District will find the transition seamless.

- **Strategic Plan Matrix:**

Dr. Smart: Items will be updated as completed.

- **Application for District Credit Card with Umpqua Bank:** Action

Dr. Smart: The District's credit card isn't meeting the needs of the District. Another option was recommended by CSDA is with Umpqua and better suited for our organization. The card is more user friendly for traveling and provides a 1% refund based on use. In order to open the credit card account the District must pass a resolution.

- **Resolution 2018 – 17**

Ms. Al-Rafiq moved to approve **Resolution 2018 - 17**. Ms. Atkinson provided her second and the motion passed 5-0.

- **Community Out Reach:**

Dr. Smart: Spoke at the Calaveras County Taxpayers Association and plans to do more speaking engagements as time allows. Upcoming events; Sept 22nd is the Grand Opening for Stay Vertical Calaveras; Sept 28th is the Ground-Breaking Ceremony for the VS Health & Wellness Center and Oct. 2nd is the Grand Opening for the Children's' Advocacy Program.

C. Corp. Board Report:

Ms. Reed: She and Ms. Al-Rafiq along with other MTMC Board members was part of the well-attended Governance training in Las Vegas where they learned more about the Dignity and CHI merger; Larry Phillip, retired, has returned as interim CEO;

Ms. Atkinson: The Corp. Board doesn't meet until Aug. 28th, so their last meeting was in July.

D. Stay Vertical Calaveras:

Mr. Shetzline: Invited the Board and public to engage in a chair exercise while giving an overview of the program, the recruiting and training of instructors; the planning of the Sept 22nd National Fall

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Prevention event at the Murphys' Senior Center. He encouraged the Board to attend on Sept 22nd and to wear their T-shirts. He'd like to see doctor referrals to the program.

Dr. Smart: Falling is the cause of one of the biggest epidemics resulting in post fall deaths. He'd like to link the program with the MTMC PT Dept. so will be meeting with CNO Katherine McCoy and CEO Larry Phillip.

8. Committee Reports:

A. Finance Committee:

- **Financial Update:**

Mr. Krieg: There was a profit after all grants and sponsorships of \$31K; minority interest was higher for the month and tax revenues were also higher.

- **Recommendation - Approval of July 2018 Financial Statements:** Action

Ms. Radford moved to approve the July Financial Statements. Ms. Al-Rafiq provided her second and the motion passed 5-0.

- **Accounting Services:**

Ms. Atkinson: The District has been advertising for a local accounting agency with no reply. She and Dr. Smart interviewed Rick Wood of CSDA. CSDA started a pilot program to provide accounting services and training for three small districts. The program would provide training for an inhouse bookkeeper. CSDA has invited MTHCD be the third district in the program. Mr. Wood owns property in Calaveras County so would be accessible.

Dr. Smart: Met CFO Rick Wood at a CSDA function and discussed the benefits of the MTHCD engaging his services and be a part of their pilot program. A Special Board meeting (Sept 20) will be scheduled for the Board to consider a recommendation from the Finance Committee. If the Finance Committee offers a positive recommendation and if the Board approves, the District would probably exercise its 90-day termination right under the Administrative Services Agreement.

B. Ad Hoc Lease Review Committee

Ms. Reed: The Committee continues to meet often to work out details of the new lease. The lease agreement comprises of several (approx. 6) documents to review. The District team met with the Dignity team on Aug 17th and it went well. Communication is flowing and likely there will be one or two more meetings.

Dr. Smart: There are lots of moving parts; i.e.; the Dignity and CHI merger which will take time because it involves the State Attorney General and the Vatican. He sees no barriers regarding the lease.

C. Ad Hoc Policy Committee:

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Ms. Atkinson: Along with Ms. Al-Rafiq met yesterday. The Committee found benefit in inviting Dr. Smart, so a lot got accomplished; she anticipates the Board will see an iPad policy in the next couple of months; the investment policy is still being reviewed.

D. Ad Hoc Real Estate:

Dr. Smart: Introduced Gary Hicks (audience) as being the District's consultant for the past four years while navigating the USDA loan process. The Board will remember the same process in past months. The repeat of this process is because the loan amount has changed. Upon a favorable approval of **Resolution 2018 -15 and 2018 - 16** the USDA loan will close on Sept. 5, 2018.

- **Update on the Valley Springs Health and Wellness Center:**

- **Resolutions 2018 - 15 and 2018 - 16**

- **USDA Loan:**

- **TEFRA Public Hearing:**

LEASE/LEASEBACK TRANSACTIONS WITH THE PUBLIC PROPERTY FINANCING CORPORATION OF CALIFORNIA, IN THE MAXIMUM PRINCIPAL AMOUNT OF \$7,460,000, FOR THE PURPOSE OF FINANCING THE COSTS OF CONSTRUCTION AND EQUIPPING OF A NEW ONE-STORY, APPROXIMATELY 10,102 SQUARE FOOT COMPREHENSIVE RURAL HEALTH CLINIC FACILITY.

Ms. Reed: Read the paragraph (above) prompted by the Tax Equality for Responsibility Act. and opened the public hearing calling for public comments. Hearing none the TEFRA Public Hearing was closed.

- **Resolution 2018 - 15: Action by Roll Call Vote:**

RESOLUTION APPROVING THE EXECUTION AND DELIVERY BY THE MARK TWAIN HEALTH CARE DISTRICT OF A LEASE/LEASEBACK TRANSACTION BY AND BETWEEN THE MARK TWAIN HEALTH CARE DISTRICT AND THE PUBLIC PROPERTY FINANCING CORPORATION OF CALIFORNIA

Ms. Atkinson moved to approve **Resolution 2018 – 15**. Ms. Radford provided her second and the motion was voted by **Roll Call Vote as follows: Ayes; Ms. Radford, Ms. Atkinson, Ms. Sellick, Ms. Al-Rafiq and Ms. Reed. Noes; None: Abstain; None; Absent; None.**

- **Rescind Resolution 2018 – 10 (Approved - Jun 27, 2018): Action**

Hearing no public comment:

Ms. Radford moved to rescind **Resolution 2018 – 10**. Ms. Atkinson provide her second and the motion passed 5-0.

- **Resolution 2018 – 16: Action by Roll Call Vote:**

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RESOLUTION APPROVING THE FORM AND AUTHORIZING THE EXECUTION OF CERTAIN LEASE FINANCING DOCUMENTS IN CONNECTION WITH THE OFFERING AND SALE OF CERTIFICATES OF PARTICIPATION RELATING THERETO TO FINANCE CAPITAL PROJECTS AND AUTHORIZING AND DIRECTING CERTAIN ACTIONS WITH RESPECT THERETO

Dr. Smart: Read the paragraph above. Having rescinded **Resolution 2018 - 10** now the Board can consider **Resolution 2018 – 16**.

Hearing no public comment:

Ms. Atkinson moved to approve **Resolution 2018 -16**. Ms. Al-Rafiq provided her second and the motion was voted by a **Roll Call Vote as follows: Ayes; Ms. Radford, Ms. Atkinson, Ms. Sellick, Ms. Al-Rafiq and Ms. Reed. Noes; None: Abstain; None; Absent; None.**

Valley Springs Health & Wellness Center – Award Bid

Dr. Smart: Referred the Board to his memo and backup documents (pkt. pgs. 153 - 164) regarding the bid progress. In addition (pkt. pgs.165 – 243) is the owners' contract prepared by the District's legal team to award to Diede Const. Inc. If the Board approves **Resolution 2018 – 14** then the next step is for him to sign the Notice of Award (pkt. pg. 246) and forward to USDA.

- **Resolution 2018 – 14: Action by Roll Call Vote**

- Notice of Award - Bid (\$5.555 Million) to Diede Construction, Inc.:

Ms. Atkinson moved to approve **Resolution 2018 – 14**. Ms. Al-Rafiq provided her second and the motion was voted by a **Roll Call Vote as follows: Ayes; Ms. Radford, Ms. Atkinson, Ms. Sellick, Ms. Al-Rafiq and Ms. Reed. Noes; None: Abstain; None; Absent; None.**

- **Project Manager:**

Mr. Van Lieshout: Gave the following outline of events: today was the approval of the contract; Sept 4th is the pre-construction meeting; Sept 5th the USDA loan will close and he will issue a Notice to Proceed; Sept. 12th is the official start date; Sept 28, 2018 is the deadline to start the project; July 9, 2019 is the completion date; the permits are ready for issue to Diede.

Dr. Smart: The District has paid \$100k plus for permits; CCWD fees are to follow at approx. \$242k.

- **Opinion of Probable Costs:**

Mr. Krieg: The report shows expenses paid through July 31, 2018.

- **Update on Valley Springs Property - Phase II:**

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Ms. Al-Rafiq: Nothing new to report since last month. Another meeting needs to be set with Ron Regan to discuss missing elements in his report.

E. Ad Hoc Community Grant:

Ms. Radford: Along with Ms. Sellick plan to visit sites and meet the recipients of the grants.

Ms. Sellick: Common Ground is seeking funds for a Caregivers' Conference (\$2k).

Ms. Reed: Would like to see a calendar added to show the events leading up to the awarding of the grants.

Dr. Smart: Or Ms. Radford will work on an activity calendar (time line) to put on the web.

Ms. Radford: Future events will be Mammo-GLAM. in recognition of Oct. being Breast Cancer awareness month; and Movember for Men's Health in Nov.

F. Stay Vertical Calaveras Update:

See Item 7. D.

9. Board Comment and Request for Future Agenda Items:

A. Announcements of Interest to the Board or the Public:

Ms. Reed: Read 400 hospitals have closed in the last 12 month and feels the District is fortunate for the Dignity partnership. She announced all four Board members that were up for election were not challenged so will not be on the Nov. ballot and are officially re-elected.

10. Next Meeting:

- A. September 20, 2018 (Special Board Meeting)
- B. September 26, 2018 (Regular Board Meeting)

11. Closed Session:

A. Significant Exposure to Litigation Pursuant to Govt. Code (§ 54956.9 (b): In Classroom 5.

Ms. Reed: Recused herself from the Closed Session due to a conflict of interest related to her fiduciary interest in both the MTMC Corp. Board and the MTHCD Board.

Ms. Atkinson: Recused herself from the Closed Session due to a conflict of interest related to her fiduciary interest in both the MTMC Corp. Board and the MTHCD Board.

Ms. Radford: Recused herself from the Closed Session due to a conflict of interest as an employee of the MTMC Corp.

Dr. Smart: Board members Sellick and Al-Rafiq will meet in Classroom 5 for the Closed Session and return to Classroom 2 to reconvene and report any action that may have been taken.

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12. Reconvene to Open Session:

A. Report of Action taken (if any) in Closed Session:

No reportable action was taken in Closed Session.

13. Adjournment: Action:

Ms. Atkinson moved to adjourn the meeting a 10:18am. Ms. Al-Rafiq provided her second. The motion passed 5-0 and the meeting was adjourned.

This Institution is an Equal Opportunity Provider and Employer

Minutes – Aug. 22, 2018 MTHCD Board Meeting Approved _____



State of California
Department of Industrial Relations
OFFICE OF SELF-INSURANCE PLANS

**APPLICATION FOR CERTIFICATE OF CONSENT
TO SELF-INSURE AS A PUBLIC AGENCY EMPLOYER SELF-INSURER**
All questions must be answered. If not applicable, enter "N/A".

To the Director of the Department of Industrial Relations: The public agency employer identified below submits the following information to obtain a Certificate of Consent to Self-Insure the payment of workers' compensation under California Labor Code Section 3700.

LEGAL NAME OF APPLICANT (Show exactly as on Charter or other official documents):

Address: _____

City: _____ State: _____ Zip + 4: _____ - _____

Federal Tax ID # of Group: _____

CONTACT - Who Should Correspondence Regarding This Applicant Be Addressed To:

Name: _____ Title: _____

Company Name: _____

Address: _____

City: _____ State: _____ Zip + 4: _____ - _____

Phone: _____ E-Mail: _____

TYPE OF PUBLIC ENTITY (Check one):

- City and/or County School District Police and/or Fire District Hospital District
- Joint Powers Authority Other (describe): _____

TYPE OF APPLICATION (Check one):

- New Application Reapplication (Merger/Unification) Reapplication (Name Change)
- Other (describe): _____

Date Self-Insurance Program will begin: _____

CURRENT WORKERS' COMPENSATION PROGRAM

Currently Insured with State Fund Policy # _____ Expiration Date: _____

Currently Self Insured, Certificate # _____

Other (describe): _____

CLAIMS ADMINISTRATION

Who will be administering your agency's workers' compensation claims? (Check one)

JPA will administer

Third Party Administrator, TPA Certificate # _____

Public entity will self-administer

Insurance Carrier will administer

Name of Third Party Administrator:

Name: _____ Title: _____

Company Name: _____

Address: _____

City: _____ State: _____ Zip + 4: _____ - _____

Phone: _____ E-Mail: _____

of claims reporting locations to be used to handle Agency's claims: _____

Does applicant currently have a California Certificate of Consent to Self-Insure? Yes No

If yes, what is the current Certificate Number: _____

Total Number of Affiliate's California employees to be covered by Group: _____

AGENCY EMPLOYER

Current # of Agency Employees: _____ # of Public Safety Employees (police//fire): _____

If school District, # of certificated employees: _____

Will all Agency employees be covered by this self-insurance plan? Yes No

If 'No', explain who is not covered and how workers' compensation coverage will be provided to the excluded employees:

JOINT POWERS AUTHORITY

Will applicant be a member of a JPA for workers' compensation ?

Yes No (If 'yes', complete the following)

Effective date of JPA Membership: _____ JPA Certificate # _____

Name of JPA: _____

AGENCY SAFETY PROGRAM

Does the Agency have a written Injury and Illness Prevention Program (IIPP)? Yes No

Individual responsible for Agency workplace safety and IIPP program:

Name: _____ Title: _____

Company Name: _____

Address: _____

City: _____ State: _____ Zip + 4: _____ - _____

Phone: _____ E-Mail: _____

SUPPLEMENTAL COVERAGE

1.) Will your program be supplemented by any insurance or pooled coverage under a **STANDARD** workers' compensation insurance policy? Yes No (If 'Yes', complete the following):

Name of Excess Pool/Carrier: _____

Policy #: _____ Effective Date of Coverage: _____

2.) Will your program be supplemented by any insurance or pooled coverage under a **SPECIFIC EXCESS** workers' compensation insurance policy? Yes No (If 'Yes', complete the following):

Name of Excess Pool/Carrier: _____

Policy #: _____ Effective Date of Coverage: _____

Retention Limits: _____

3.) Will your program be supplemented by any insurance or pooled coverage under an **AGGREGATE EXCESS** (stop loss) specific excess workers' compensation insurance policy? Yes No (If 'Yes', complete the following):

Name of Excess Pool/Carrier: _____

Policy #: _____ Effective Date of Coverage: _____

Retention Limits: _____

RESOLUTION FROM GOVERNING BOARD

Attach a properly executed Governing Board Resolution. See attached sample resolution on page 5.

CERTIFICATION

The undersigned on behalf of the applicant hereby applies for a Certificate of Consent to Self-Insure the payment of workers' compensation liabilities pursuant to Labor Code Section 3700. The above information is submitted for the purpose of procuring said Certificate from the Director of Industrial Relations, State of California. If the Certificate is issued, the applicant agrees to comply with applicable California statutes and regulations pertaining to the payment of compensation that may become due to the applicant's employees covered by the Certificate.

X _____ DATE: _____
SIGNED: Authorized Official / Representative

Printed Name

Title

Agency Name



P. O. Box 95
San Andreas, CA 95249
(209) 754-4468 Telephone
(209) 754-2537 Fax

RESOLUTION No.: 2018-18

**A RESOLUTION AUTHORIZING APPLICATION
TO THE DIRECTOR OF INDUSTRIAL RELATIONS, STATE OF CALIFORNIA FOR A
CERTIFICATE OF CONSENT TO SELF-INSURE**

WORKERS' COMPENSATION LIABILITIES

At a meeting of the Board of Directors of the Mark Twain Health Care District, a California Special District organized and existing under the laws of the State of California, held on the 20th day of September, 2018 the following resolution was adopted.

RESOLVED, that the above-named public agency is authorized and empowered to make application to the Director of Industrial Relations, State of California, for a Certificate of Consent to Self-Insure workers' compensation liabilities and representatives of Agency are authorized to execute any and all documents required for such application.

IN WITNESS WHEREOF: I Have Signed:

Dr. Randall Smart, Executive Director

Notary

Mark Twain Health Care District Mission Statement

“Through community collaboration, we serve as the stewards of a community health system that ensures our residents have the dignity of access to care that provides high quality, professional and compassionate health care”.

This Institution is an Equal Opportunity Provider and Employer



CERTIFICATE OF LIABILITY INSURANCE

DATE (MM/DD/YYYY)
09/07/2018

THIS CERTIFICATE IS ISSUED AS A MATTER OF INFORMATION ONLY AND CONFERS NO RIGHTS UPON THE CERTIFICATE HOLDER. THIS CERTIFICATE DOES NOT AFFIRMATIVELY OR NEGATIVELY AMEND, EXTEND OR ALTER THE COVERAGE AFFORDED BY THE POLICIES BELOW. THIS CERTIFICATE OF INSURANCE DOES NOT CONSTITUTE A CONTRACT BETWEEN THE ISSUING INSURER(S), AUTHORIZED REPRESENTATIVE OR PRODUCER, AND THE CERTIFICATE HOLDER.

IMPORTANT: If the certificate holder is an ADDITIONAL INSURED, the policy(ies) must be endorsed. If SUBROGATION IS WAIVED, subject to the terms and conditions of the policy, certain policies may require an endorsement. A statement on this certificate does not confer rights to the certificate holder in lieu of such endorsement(s).

PRODUCER BETA Risk Management Authority PO Box 619084 Roseville, CA 95661	CONTACT NAME: PHONE (A/C, No, Ext): 8006552667 FAX (A/C, No): 9162660314 E-MAIL ADDRESS:														
	<table border="1"> <thead> <tr> <th>INSURER(S) AFFORDING COVERAGE</th> <th>NAIC #</th> </tr> </thead> <tbody> <tr> <td>INSURER A : BETA Risk Management Authority</td> <td>N/A</td> </tr> <tr> <td>INSURER B : Safety National Casualty Corporation</td> <td>15105</td> </tr> <tr> <td>INSURER C :</td> <td></td> </tr> <tr> <td>INSURER D :</td> <td></td> </tr> <tr> <td>INSURER E :</td> <td></td> </tr> <tr> <td>INSURER F :</td> <td></td> </tr> </tbody> </table>		INSURER(S) AFFORDING COVERAGE	NAIC #	INSURER A : BETA Risk Management Authority	N/A	INSURER B : Safety National Casualty Corporation	15105	INSURER C :		INSURER D :		INSURER E :		INSURER F :
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INSURER D :															
INSURER E :															
INSURER F :															
INSURED Mark Twain Health Care District 768 Mountain Ranch Road San Andreas, CA 95249 Phone: Fax:															

COVERAGES CERTIFICATE NUMBER: REVISION NUMBER:

THIS IS TO CERTIFY THAT THE POLICIES OF INSURANCE LISTED BELOW HAVE BEEN ISSUED TO THE INSURED NAMED ABOVE FOR THE POLICY PERIOD INDICATED. NOTWITHSTANDING ANY REQUIREMENT, TERM OR CONDITION OF ANY CONTRACT OR OTHER DOCUMENT WITH RESPECT TO WHICH THIS CERTIFICATE MAY BE ISSUED OR MAY PERTAIN, THE INSURANCE AFFORDED BY THE POLICIES DESCRIBED HEREIN IS SUBJECT TO ALL THE TERMS, EXCLUSIONS AND CONDITIONS OF SUCH POLICIES. LIMITS SHOWN MAY HAVE BEEN REDUCED BY PAID CLAIMS.

INSR LTR	TYPE OF INSURANCE	ADDL INSR	SUBR WVD	POLICY NUMBER	POLICY EFF (MM/DD/YYYY)	POLICY EXP (MM/DD/YYYY)	LIMITS																				
	GENERAL LIABILITY <input type="checkbox"/> COMMERCIAL GENERAL LIABILITY <input type="checkbox"/> CLAIMS-MADE <input type="checkbox"/> OCCUR GEN'L AGGREGATE LIMIT APPLIES PER: <input type="checkbox"/> POLICY <input type="checkbox"/> PRO-JECT <input type="checkbox"/> LOC						EACH OCCURRENCE \$ DAMAGE TO RENTED PREMISES (Ea occurrence) \$ MED EXP (Any one person) \$ PERSONAL & ADV INJURY \$ GENERAL AGGREGATE \$ PRODUCTS - COMP/OP AGG \$ \$																				
	AUTOMOBILE LIABILITY <input type="checkbox"/> ANY AUTO <input type="checkbox"/> ALL OWNED AUTOS <input type="checkbox"/> SCHEDULED AUTOS <input type="checkbox"/> HIRED AUTOS <input type="checkbox"/> NON-OWNED AUTOS						COMBINED SINGLE LIMIT (Ea accident) \$ BODILY INJURY (Per person) \$ BODILY INJURY (Per accident) \$ PROPERTY DAMAGE (Per accident) \$ \$																				
	UMBRELLA LIAB <input type="checkbox"/> OCCUR EXCESS LIAB <input type="checkbox"/> CLAIMS-MADE DED RETENTION \$						EACH OCCURRENCE \$ AGGREGATE \$ \$																				
A	WORKERS COMPENSATION AND EMPLOYERS' LIABILITY ANY PROPRIETOR/PARTNER/EXECUTIVE OFFICER/MEMBER EXCLUDED? (Mandatory in NH) If yes, describe under DESCRIPTION OF OPERATIONS below			BETA-WC-2571-2018	09/07/18	07/01/19	<table border="1"> <tr> <td>WC STATUTORY LIMITS</td> <td><input checked="" type="checkbox"/></td> <td>OT-HER</td> <td></td> <td>\$3,000,000</td> </tr> <tr> <td>E.L. EACH ACCIDENT</td> <td></td> <td></td> <td></td> <td>\$2,000,000</td> </tr> <tr> <td>E.L. DISEASE - EA EMPLOYEE</td> <td></td> <td></td> <td></td> <td>\$2,000,000</td> </tr> <tr> <td>E.L. DISEASE - POLICY LIMIT</td> <td></td> <td></td> <td></td> <td>\$2,000,000</td> </tr> </table>	WC STATUTORY LIMITS	<input checked="" type="checkbox"/>	OT-HER		\$3,000,000	E.L. EACH ACCIDENT				\$2,000,000	E.L. DISEASE - EA EMPLOYEE				\$2,000,000	E.L. DISEASE - POLICY LIMIT				\$2,000,000
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E.L. DISEASE - POLICY LIMIT				\$2,000,000																							
B	Excess Workers' Compensation			SP 4058695	07/01/18	07/01/19	Statutory Limits Excess of \$3,000,000																				

DESCRIPTION OF OPERATIONS / LOCATIONS / VEHICLES (Attach ACORD 101, Additional Remarks Schedule, if more space is required)

CERTIFICATE HOLDER CANCELLATION

Insured's Copy Phone: Fax:	SHOULD ANY OF THE ABOVE DESCRIBED POLICIES BE CANCELLED BEFORE THE EXPIRATION DATE THEREOF, NOTICE WILL BE DELIVERED IN ACCORDANCE WITH THE POLICY PROVISIONS.
	AUTHORIZED REPRESENTATIVE Michele Reager

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AB 2329, Signed Aug 20, 2018

(3) Existing law authorizes the board of directors of a hospital district to approve a resolution to compensate its members no more than \$100 to attend a board meeting for no more than 5 meetings per month.

This bill would authorize a hospital district board of directors to compensate its members for no more than 6 meetings in a calendar month and to increase that compensation by no more than 5% annually. The bill would require the board of directors, commencing January 1, 2019, if the district compensates its members for more than 5 meetings in a calendar month, to annually adopt a written policy describing, based on a finding supported by substantial evidence, why more than 5 meetings per calendar month are necessary for the effective operation of the district.

ACHD Advocate

In this edition

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- [Legislative Update](#)
- [Trustee Spotlight: Randy Lenac, Trustee, Grossmont Healthcare District](#)
- [ACHD Webinar Education Series](#)
- [Webinar on the Go!](#)
- [ACHD attends Fallbrook Regional Health District Groundbreaking](#)
- [El Camino Healthcare District launches ASPIRE!](#)
- [Stanford Health Improvement Educational Opportunity](#)
- [Healthcare District News from Around the State](#)

From the Desk of Ken Cohen, Executive Director

August has been an interesting month for me as I had cervical disc surgery and fusion in late July and missed several weeks while recovering. First, I wanted to thank the Board and the ACHD Team for their awesome work during this same time. The work of the Association continued with no disruption and no break in continuity due to the ACHD Board and Executive Team and their absolute commitment to the mission and work of our Healthcare Districts.



The Board held its annual strategic planning retreat on August 29-30th. During the retreat, the Board identified an ambitious set of goals for the Association through 2020. The session itself was facilitated by Randy Lenac, ACHD Board Member and Trustee, Grossmont Healthcare District, in collaboration with Howard Salmon, ACHD Board Chair and Trustee, Fallbrook Regional Health District. There are several topics that are now under consideration, including: Corporate Sponsorship, Affiliate Membership, Member Needs Assessments, and exploration of collaborative relationships with other similar health care membership organizations. During our 66th Annual Meeting, taking place September 12-14, in Pismo Beach, Members will hear firsthand, the Board's vision for the Association along with other important Association updates. I hope to see all our Member Healthcare Districts at this excellent learning event.

One of the exciting opportunities that ACHD is working toward is even greater collaboration with the Stanford Health Improvement Network. This may include Stanford providing greater educational offerings to key health care leaders, physicians and employees with potential topics, including: behavioral health and wellness, principles of community engagement, culture of wellness, data and public policy, and access to monthly newsletters highlighting current health trends and projects. ACHD will also be looking to other organizations, such as the University of California and California State University System to enhance our educational and technical support capabilities.

You may have noticed that ACHD did not publish the Membership Drives Change newsletter this month. Moving forward, ACHD will consolidate the Membership Drives Change newsletter into the ACHD Advocate, and only publish one monthly newsletter. To access archived newsletters, please click [here](#).

Again, thanks to all for your kindness and well wishes during my surgery and recovery. I'm looking forward to seeing all of you at our Annual Meeting.

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Legislative Update

The ACHD Advocacy Team continues to engage with legislation that may impact Healthcare Districts as bills make it to the Governor's desk. The Legislature adjourned a two-year session at midnight August 31st. Some deadlines to note include September 30, which marks the last day for the Governor to sign or veto bills. ACHD has 22 measures on the Governor's desk.

AB 2019:

[AB 2019 \(Aguiar-Curry\)](#) was signed by the Governor on September 5! ACHD adopted a support position on AB 2019 earlier this summer. ACHD remains focused on building a positive relationship with Assemblymember Aguiar-Curry and her staff and will continue finalizing plans for her to visit more Healthcare Districts.

AB 2329 & SB 929:

ACHD supported two special district measures which have made it to the Governor's desk for his consideration. ACHD continued to engage with the Governor's staff to urge positive consideration on these measures. [AB 2329 \(Oberholte\)](#) was signed into law by the Governor in August and will set a single standard of compensation for special district board members when it takes effect on January 1, 2019. [SB 929 \(McGuire\)](#), which is still awaiting the Governor's signature, will require all special districts to operate a website.

AB 3115 & SB 1288:

ACHD continues to advocate on two important measures of opposition for Healthcare Districts, as both await the Governor's consideration. [AB 3115 \(Gipson\)](#) narrows and complicates the ability of local agencies to develop community paramedicine or triage to alternative destination programs. [SB 1288 \(Leyva\)](#) increases fines to hospitals for violations of nurse-to-patient ratio regulations. ACHD's Advocacy Team encourages you to use sample letters for both [AB 3115](#) and [SB 1288](#) to convey the negative impacts if these bills are enacted. Please send all letters to the Governor's fax line: 916-558-3177.

ACHD's Advocacy Team, will continue to monitor legislation as the Governor provides his final decisions. Measures that receive the Governor's signature on or before September 30, will take effect January 1, 2019. Stay tuned for ACHD's end of session legislative report in October.

Ballot Measures:

ACHD's Board of Directors voted to take a position on three ballot measures on the November 6, 2018 Ballot.

Proposition 4: Authorizes Bonds Funding Construction at Hospitals Providing Children's Health Care. *ACHD Support*

Proposition 5: Changes Requirements for Certain Property Owners to Transfer Their Property Tax Base to Replacement Property. *ACHD Oppose*

Proposition 8: Authorizes State Regulation of Kidney Dialysis Clinics. Limits Charges for Patient Care. *ACHD Oppose*

Please contact [Amber King](#) with questions.

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Trustee Spotlight: Randy Lenac, Trustee, Grossmont Healthcare District

In an effort to show our appreciation to Healthcare District Leaders, ACHD will begin highlighting the invaluable contributions of Trustees in their community. We recognize that the work and passion of our Trustees often go unrecognized and it is our goal is to share the positive impacts Trustees make in their communities.



What inspired you to run for a seat on the Healthcare District Board?

After serving over 4 years on the Board of the Grossmont Hospital and the Sharp Healthcare finance committee, I was impressed with the professionalism, honor and commitment of these two organizations. They nearly met the high expectations I had come to admire in my 27-year career in the Marine Corps. So, when a position came available on the Grossmont Healthcare District Board four years ago, I jumped at the chance to join the other half of the finest example of public/private partnership in San Diego County if not the State of California. Politics was not my thing, but serving my country and community in an honorable organization was a natural fit.

What is one accomplishment that you and the Board have implemented that you are most proud of?

During my tenure at Grossmont Healthcare District, the Board have essentially completed the \$260M Prop G upgrades to Grossmont Hospital. We have completed the Intensive Care Unit, built a state-of-the-art Heart and Vascular Surgical Center, made seismic upgrades and generally refreshed large parts of our 60-year old hospital. Best of all we did it under budget. Along with our partner, Sharp Healthcare, the people of East San Diego County have almost \$500M in improvements to our only E. County hospital. We have done a lot of other things, but if you have never done a project of this size and scope, you can't even understand what a big deal this is.

What is unique about your District and the constituents you serve?

We are a hospital district, but over 30 years ago the Board recognized that we needed to join a larger organization to survive. They leased Grossmont Hospital to Sharp Healthcare for 30 years. It has been a tremendous success as a public/private partnership and the public voted a few years ago to renew the lease for another 30 years by an 87% margin. This makes our District a hybrid, because we have a governance role in the Grossmont Hospital, but not a day-to-day operational role. This enables us to focus our attention beyond the hospital to the community health needs in our District. It has proven to be a good balance.

What is a goal you hope to achieve for your District during your tenure?

We have the busiest Emergency Department (ED) in San Diego County. Much has been done to resolve the backlog in the ED, but more needs to be done. The ED is the front door of Grossmont Hospital with over 70% of our admissions coming through the ED. Grossmont Hospital is essentially full meaning we fill an empty bed as soon as a patient is released. Many patients wait too long in the ED for an acute care bed. Long waiting times in the ED are unacceptable and more needs to be done. We are preparing to embark on a once a decade Master Site Plan. This effort is very important, because we need to resolve the ED issue and it probably will require additional acute care beds, a very expensive proposition.

How has being a part of ACHD helped you as a leader, your District, residents and the community?

I was a leader trained by my experiences in the Marine Corps. Sheer dint of personality can often overcome opposition. My time at Grossmont Healthcare District has taught me that just because you have an idea does not mean that it will happen. I have learned that I have to build consensus, give credit to others and compromise if I want to get ideas implemented. At first it was frustrating, but I now truly believe that the collective wisdom of our Board produces the best results for our constituents. Sometimes the sausage making is not pretty, but the final product more often than not is delicious.

What advice or encouragement would you give someone considering running for the Healthcare District Board?

Just do it! Politics is not fun, running for office is a pain, but I understand why our democracy has withstood the test of time. As imperfect as it is, democracy is the best way to serve the people. Democracy is not the way to make huge change, but it beats the heck out of Civil War or autocratic rule. My advice is to pick some achievable objectives and become the go-to person for your issues on the Board.

When not serving your community, what do you like to do in your free time?

I have a cattle ranch that takes up most of my free time. I like Padre baseball and visiting Mexico and the mountains.

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ACHD Webinar Education Series

ACHD's Webinar Education Series continued this month. Kiki Nocella, Director, Wipfli CPAs and Consultants, presented on "Retention, Recruitment and Succession Planning for Healthcare Districts." Ms. Nocella's presentation focused on why a District may want to consider developing a clinical training program, what makes clinical training programs feasible, how to retain your trainees once they graduate, and how to plan for the succession of your current clinical workforce.

To access a recording of the webinar, click [here](#).

On September 27, ACHD continues our Webinar Series. Dr. Susan Reynolds, Virtual Chief Medical Office for Ridgecrest District Hospital, will present "[How Virtual Leaders can Improve Quality and Add Value to your Organization.](#)" This webinar will describe how health care facilities can utilize virtual executive and physician leaders in a cost-effective way to improve quality and patient satisfaction, resolve conflict, address disruptive provider issues, and develop on site physical leadership and in addressing preventative healthcare in communities throughout California.

To register for the webinar, click [here](#).

As a reminder, all webinars are available on demand. To access past webinar recordings, click [here](#).



Please contact [Sheila Johnston](#) with any questions.

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Webinar on the Go!

ACHD routinely uses the Webinar Platform to share information with Healthcare Districts and Partners. Many attendees utilize mobile devices to access a webinar. To assist users in a seamless webinar experience, we have outlined some tips on how best to utilize mobile devices.

Why download the app?

We encourage all attendees to download the GotoWebinar App (App) from your mobile device. The App is available for download for Android and Apple devices. The App will help connect users to webinars and ensure full participation! Entering a webinar through the App allows for a seamless audio and video connection from both smartphones and tablets, without requiring users to 'dial-in' to a webinar.

To access instructions on how to use GotoWebinar on your mobile devices, click [here](#).

Please contact [Sheila Johnston](#) with any questions.

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ACHD attends Groundbreaking at Fallbrook Regional Health District

ACHD was honored to have attended the groundbreaking ceremony of Fallbrook Regional Health District's new Wellness Center! The center is designed to serve the community as an indoor-outdoor health educational center, which will house several organizations, including the Fallbrook Food Pantry and Foundation for Senior Care.

The groundbreaking ceremony was attended by several District partners and was open to the public to enjoy free medical screening while learning more about health services in the area. The event marked the hard work of the District Trustees and Staff to secure financing, planning and execution to open the center. We are very proud of the District and this wonderful accomplishment!



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El Camino Hospital addresses Behavioral Health

El Camino Hospital has had two significant accomplishments related to their [ASPIRE](#) mental health program for young people ages 13-18 years.

On Aug 14th, the Santa Clara County Board of Supervisors approved a Medi-Cal contract for an intensive outpatient mental health treatment program for adolescents. This is certainly a first in the county, and may be a first Medi-Cal contract of this kind in the state. The fact that they are a District Hospital, and this is an innovative program with a strong track record, and had county elected officials and administrators willing to think outside the traditional box made the difference. The District is thrilled that Medi-Cal families will now be able to use their coverage for this program as they can for other services for which they have Medi-Cal (as well as commercial insurance) contracts for many years. To read more about this, click [here](#) and [here](#).

Additionally, El Camino Hospital has announced the development of a collaborative to bring the ASPIRE program to other hospitals in California. To read more, click [here](#).

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Learning Opportunity through Stanford University, Lead Well Network!

Stanford's LeadWell Network is pleased to invite Healthcare Districts to their Strengths Based Leadership Workshop!

This workshop will focus on ways that individuals can use unique skill sets to craft careers and lead positive changes in your organizations. The Strengths Based Leadership Workshop will take place on October 26, 2018, from 12:30 - 2:30 pm at Stanford University. To learn more about this exciting event, please click [here](#).

ACHD will routinely share Stanford Health Improvement Network's health and wellness events.

For more information, please contact [Sheila Johnston](#).

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In Case You Missed It... Healthcare District News from Around the State



[Palomar Health hosts annual disaster preparedness fair](#)

Palomar Health to host 3rd annual Disaster Preparedness Fair in Escondido

Learn what you need to prepare now to help your family, friends and neighbors in the event of a disaster. Speak with industry experts about how to fortify your home against wildfires and earthquakes and where to take your animals if you have to evacuate. Experience the intense shaking of an 8.0 tremor in the world's largest mobile earthquake simulator. Gets hands-on experience putting out small fires and become empowered to help in a bleeding emergency through the Stop the Bleed Campaign.

[El Camino Healthcare District addresses homelessness](#)

For hundreds of homeless residents in Mountain View and Sunnyvale, essential health care services arrive in the form of an RV-sized health clinic on wheels. The program began making the twice-a-week stops on its North County route after the El Camino Healthcare District agreed last year to pitch in \$1 million to bring the services to Mountain View and Sunnyvale. Hailing it as a success, the district's board voted in June to continue the stream of funding to the county-operated program through the 2018-19 year.

[Petaluma Health Care District's Free Little Library Program now fully enhanced in Petaluma](#)

The concept of adopting the Free Little Libraries was spearheaded by the Community Health Initiative of the Petaluma Area, a collaborative formed by the Petaluma Health Care District. CHIPA is designed to improve the wellness of the community by assessing the social determinants of health that derive from factors like housing, transportation, education, food access and mental health.

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About ACHD:

The Association of California Healthcare Districts (ACHD) represents Healthcare Districts throughout the state. The Association serves the diverse needs of California's Healthcare Districts by enhancing public awareness, training and educating its members and advocating for legislation and regulatory policies that allow Healthcare Districts to deliver the best possible health services to Californians. Learn more at achd.org.

Resources

[Legislative Reports](#)

[ACHD Message](#)

[Certified Healthcare District](#)

[Board Self-Assessment Tool](#)

[CEO Evaluation](#)

[Californians Allied for Patient Protection](#)

Mark Twain Health Care District Strategic Matrix 2018

	A	B	C	D
1	Strategic Action Item			
2		Person Resonsible	Expected Date	Completed
3				
4	Valley Springs RHC	Real Estate Com		
5	Develop Budget /Operational Plan for VS RHC 1206B	Smart		
6	Electronic Medical Records linked to billing & compatik	Smart		
7	Explore leasing ancillary functions from MTMC	Smart	To Meet Aug 7	
8	Gantt Chart From Walter	Smart		3/12/2018
9	Physical Address (Pending Name for Access Street)	Stout		6/14/2018
10				
11				
12	MTHCD Public Image and Communication			
13	District Name Change			
14	Public Relations Strategy			
15	In-Kind Funding			
16	Doodle Scheduling On-Line	Stout		4/28/2018
17	Explore Options as District "convener" of County Care			
18				
19	Accounting Service	Finance Comm		
20	Plan/Contract for New District Accounting Services		May Agenda	
21	Written Plan for reserve accounts (ex. Seismic Retrofit)	Smart & Krieg		
22	Storage boxes	Smart		
23	Financial Report Dashboard	Kreig		
24				
25	District Records			
26	Fine-Tune District Records Disaster Plan	Stout & Computer		
27	Develop Record retention plan (state law) Attny	Policy Committee		
28	District Records-Back UP	Stout		6/14/2018
29				
30	Committee Structure	Reed		
31	Executive Committee			
32	Community Advisory Committee			
33				
34	Phase II Development	Al-Rafiq		
35	Pace Program - Welbe Health - July Open House Set up	Al-Rafiq		
36	Senior Living Opportunities	Al-Rafiq		
37				
38	Explore Potential Partnerships in County	Sellick & Reed		
39	Behavioral Health-Proposal to Follow	Sellick & Reed		
40	Veterans - On Hold	Atkinson & Radford		6/5/2018
41	Opioid Coalition	Radford & Dr. Smart		
42				
43				
44				
45				

Falls Prevention



Falls are the leading cause of fatal and non-fatal injuries for older Americans. Falls threaten seniors' safety and independence and generate enormous economic and personal costs.

However, falling is not an inevitable result of aging. Through practical lifestyle adjustments, evidence-based falls prevention programs, and clinical-community partnerships, the number of falls among seniors can be substantially reduced.



The Challenge

According to the U.S. Centers for Disease Control and Prevention:

- One-fourth of Americans aged 65+ falls each year.
- Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall.
- Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.
- Falls result in more than 3 million injuries treated in emergency departments annually, including over 850,000 hospitalizations and more than 29,000 deaths.
- In 2015, the total cost of fall injuries was \$50 billion.
- The financial toll for older adult falls is expected to increase as the population ages and may reach \$67.7 billion by 2020.

Falls, with or without injury, also carry a heavy quality of life impact. A growing number of older adults fear falling and, as a result, limit their activities and social engagements. This can result in further physical decline, depression, social isolation, and feelings of helplessness.

NATIONAL COUNCIL ON AGING

251 18th Street South, Suite 500 ■ Arlington, VA 22202 ■ 571-527-3900

ncoa.org ■ @NCOAging



NCOA's Role

NCOA leads the National Falls Prevention Resource Center, which supports awareness and educational efforts about falls and promotes evidence-based falls prevention programs and strategies across the nation. The purpose of the center is to:

- Increase public awareness and educate consumers and professionals about the risks of falls and how to prevent falls.
- Support and stimulate the implementation, dissemination, and sustainability of evidence-based falls prevention programs and strategies to reduce the incidence of falls among older adults and adults with disabilities.
- Serve as the national clearinghouse of tools, best practices, and other information on falls and falls prevention.

The National Falls Prevention Resource Center leads the **Falls Free® Initiative**, a national effort to address the growing public health issue of falls, fall-related injuries and deaths. The initiative includes a coalition of over 70 national organizations charged with working toward the progress of one or more of the strategies in the National Action Plan. Members are engaged in disseminating proven falls prevention programs, advocating for funding, and educating older adults about how they can reduce their risk of falling. The initiative also includes a 42-member State Coalition on Falls Prevention Workgroup charged with collaboratively promoting effective strategies to address falls.

www.NCOA.org/FallsFreeInitiative

The Falls Free® Initiative's work includes:

Falls Free® National Action Plan

In March 2005, NCOA released the landmark evidence-based Falls Free® National Action Plan to prevent falls and fall-related injuries in older adults. The plan was updated in 2015 and continues to serve as a roadmap and catalyst for action. The plan includes goals, strategies and action steps to increase physical mobility, reduce the impact of medications as a falls risk factor, and improve home and environmental safety. The plan also promotes the expansion and funding of falls risk screening, assessment, and evidence-based programs.

National Falls Prevention Awareness Day

Every September on the first day of fall, the Falls Free® Initiative promotes National Falls Prevention Awareness Day. States are encouraged to host and promote falls prevention awareness and screening activities to draw attention to the problem and offer older adults practical solutions. Forty-two states and DC participated in the 2017 event.

www.NCOA.org/FPAD

For more information, please visit

www.NCOA.org/FallsPrevention.

For questions, please email fallsfree@ncoa.org

About NCOA

The National Council on Aging (NCOA) is a respected national leader and trusted partner to help people aged 60+ meet the challenges of aging. Our mission is to improve the lives of millions of older adults, especially those who are struggling. Through innovative community programs and services, online help, and advocacy, NCOA is partnering with nonprofit organizations, government, and business to improve the health and economic security of 10 million older adults by 2020. Learn more at ncoa.org and @NCOAging.

NATIONAL COUNCIL ON AGING

251 18th Street South, Suite 500 ■ Arlington, VA 22202 ■ 571-527-3900

ncoa.org ■ @NCOAging

N Y Times

A version of this article appears in print on Sept. 10, 2018, on Page D6 of the New York edition with the headline: Tai Chi's Gentle Path to Building Strength.

Using Tai Chi to Build Strength

Tai chi moves can be easily learned and executed by people of all ages and states of health, even elderly people in wheelchairs.



Image

Watching a group of people doing tai chi, an exercise often called “meditation in motion,” it may be hard to imagine that its slow, gentle, choreographed movements could actually make people stronger. Not only stronger mentally but stronger physically and healthier as well.

I certainly was surprised by its effects on strength, but good research — and there’s been a fair amount of it by now — doesn’t lie. If you’re not ready or not able to tackle strength-training with weights, resistance bands or machines, tai chi may just be the activity that can help to increase your stamina and diminish your risk of injury that accompanies weak muscles and bones.

Don’t get scared by its frequent description as an “ancient martial art.” Tai chi (and a related exercise called Qigong) does not resemble the strenuous, gravity-defying karate moves you may have seen in Jackie Chan films. Tai chi moves can be easily learned and executed by people of all ages and states of health, even those in their 90s, in wheelchairs or bedridden.

It’s been [eight years since I last summarized the known benefits of this time-honored form of exercise](#), and it has since grown in popularity in venues like Y’s, health clubs and community and senior

centers. By now it is likely that millions more people have become good candidates for the help tai chi can provide to their well-being.

First, a reprise of what I previously wrote as to why most of us should consider including tai chi into our routines for stronger bodies and healthier lives.

- It is a low-impact activity suitable for people of all ages and most states of health, including those who have long been sedentary or “hate” exercise.
- It is a gentle, relaxing activity that involves deep breathing but does not work up a sweat or leave you out of breath.
- It does not place undue stress on joints and muscles and therefore is unlikely to cause pain or injury.
- It requires no special equipment or outfits, only lightweight, comfortable clothing.
- Once proper technique is learned from a qualified instructor, it is a low-cost activity that can be practiced anywhere, anytime.

One more fact: Beneficial results from tai chi are often quickly realized. Significant improvements involving a host of different conditions can be achieved within 12 weeks of tai chi exercises done for an hour at a time twice a week.

Much of the research, which was [reviewed in 2015 by researchers at Beijing University and Harvard Medical School](#), has focused on how tai chi has helped people with a variety of medical problems. It is summarized in a new book from Harvard Health Publications, “An Introduction to Tai Chi,” which includes the latest studies of healthy people whose mission was health preservation as well as people with conditions like high blood pressure, heart disease, diabetes, arthritis and osteoporosis.

Of the 507 studies included in the 2015 review, 94.1 percent found positive effects of tai chi. These included 192 studies involving only healthy participants, 142 with the goal of health promotion or preservation and 50 seeking better balance or prevention of falls.

This last benefit may be the most important of all, given that every 11 seconds an older adult is treated in the emergency room following a fall, and one in five falls results in a fracture, concussion or other serious injury.

For example, in an [analysis of high-quality studies published last year in the Journal of the American Geriatrics Society](#), researchers at the University of Jaen in Spain reported that older adults who did one-hour tai chi sessions one to three times a week for 12 to 26 weeks were 43 percent less likely to fall and half as likely to incur a fall-related injury.

Tai chi provided superior benefits to other fall-reduction approaches like physical therapy, balance exercises, stretching, yoga or resistance training. Tai chi, in effect, combines the benefits of most of these: It strengthens the lower body, improves posture, promotes flexibility, increases a person’s awareness of where the body is in space and improves one’s ability to navigate obstacles while walking.

Furthermore, if you should trip, tai chi can enhance your ability to catch yourself before you fall. It has also been shown to counter the fear of falling, which discourages people from being physically active and further increases their likelihood of falling and being injured.

Even if you do fall, tai chi, as a weight-bearing but low-stress exercise, can reduce your chances of breaking a bone. Four well-designed clinical trials showed that tai chi has positive effects on bone health. For example, in [a yearlong study in Hong Kong](#) of 132 women past menopause, those practicing tai chi experienced significantly less bone loss and fewer fractures than those who remained sedentary.

For people with painful joints and muscles, tai chi enhances their ability to exercise within a pain-free range of motion. Pain discourages people from moving, which makes matters worse as muscles get weaker and joints stiffer. The movements involved in tai chi minimize stress on painful areas and, by improving circulation, can foster relief and healing.

A [2016 study of 204 people with knee pain](#) from osteoarthritis found that tai chi done twice a week was just as effective as physical therapy in relieving their discomfort. But that was not all: Those doing tai chi for the 12 weeks reported that they were less depressed and had a better quality of life than those undergoing physical therapy.

Tai chi can also be an entry point for people who may have fallen off the exercise wagon but want to get back to doing more vigorous and often more enjoyable physical activities like swimming and hiking, or biking and walking to and from errands instead of relying on vehicles that pollute the air and clog the roads.

Guidelines from the American College of Sports Medicine and the American Heart Association recommend that sedentary older adults begin with balance, flexibility and strength training exercises before launching into moderate to vigorous physical activity. Tai chi is ideal for getting people ready for more demanding action.

And, in the process of getting your body in shape with tai chi, you're likely to improve your mental state. In a [New Zealand study of college students](#), tai chi was shown to counter depression, anxiety and stress. It also enhances an important quality called self-efficacy — [confidence in one's ability](#) to perform various activities and overcome obstacles to doing so.

Jane Brody is the Personal Health columnist, a position she has held since 1976. She has written more than a dozen books including the best sellers "Jane Brody's Nutrition Book" and "Jane Brody's Good Food Book."

A version of this article appears in print on Sept. 10, 2018, on Page D6 of the New York edition with the headline: Tai Chi's Gentle Path to Building Strength.



Mark Twain Health Care District

768 Mountain Ranch Road
San Andreas, CA 95249
209 754 3521 Telephone

To: Board of Directors
Finance Committee

From: J.R. Krieg, Controller

Subject: August 2018 Financial Results

Date: September 19, 2018

memorandum

MARK TWAIN HEALTH CARE DISTRICT:

For August, the Statement of Revenues and Expenses for the District reported operating income **before** all grants and sponsorships of \$68,027.

It should be noted that the FY2019 budget was based on the assumption that the new lease agreement with Dignity Health would be effective as of July 1, 2018, but at month end the lease was not finalized, therefore the comparison with budget is not applicable for this memo.

Total revenues for the month were 7% above prior year due to higher anticipated tax revenues and investment income.

Total expenses for the month were 21% below prior year, due to prior year repairs on the Valley Springs rental property.

In August, there were no payments made for **Grants and Sponsorships**, and there no payments for **Golden Health Community Grants**.

Operating income in August **after** all grants and sponsorships was a **profit** of \$68,027.

The Minority Interest in Mark Twain Medical Center Corporation for August **increased** by \$151,400.

The District's cash and investments balance as of August 31, 2018 is \$1,674,662 as compared to the unaudited June 30, 2018 yearend balance of \$1,859,306.

Construction in progress for the new Valley Springs clinic incurred \$132,892 of expenses in August, mostly for permits and fees.

**MARK TWAIN HEALTH CARE DISTRICT
AUGUST 2018**

**MARK TWAIN HEALTH CARE DISTRICT
STATEMENT OF REVENUES AND EXPENSES
AUGUST 2018**

AUGUST					Year-to-date					
<u>Actual</u>	<u>Budget</u>	<u>Var %</u>	<u>Last Yr</u>	<u>Var %</u>	<u>Line #</u>	<u>Actual</u>	<u>Budget</u>	<u>Var %</u>	<u>Last Yr</u>	<u>Var %</u>
\$26,587	\$56,765	-53%	\$25,837	3%	1	\$53,173	\$160,986	-67%	\$51,673	3%
481	481	0%	481	0%	2	963	963	0%	963	0%
18,688	18,932	-1%	18,325	2%	3	37,344	37,863	-1%	36,649	2%
83,029	82,667	0%	77,083	8%	4	176,835	165,333	7%	154,166	15%
0	33,335	-100%	0	0%	5	0	66,711	-100%	0	0%
966	0	0%	(219)	-540%	6	2,074	0	0%	(164)	-1363%
0	0	0%	0	0%	7	0	0	0%	0	0%
\$129,751	\$192,180	-32%	\$121,506	7%		\$270,389	\$431,856	-37%	\$243,287	11%
17,122	16,667	3%	16,365	5%	8	33,458	33,333	0%	0	0%
1,309	1,160	13%	-	0%	9	2,566	2,320	11%	33,329	-92%
1,250	1,667	-25%	1,250	0%	10	3,118	3,333	-6%	2,500	25%
3,500	5,000	-30%	0	0%	11	8,500	10,000	-15%	0	0%
129	0	0%	173	-25%	12	129	0	0%	223	-42%
3,500	5,000	-30%	4,351	-20%	13	16,185	10,000	62%	4,351	272%
6,055	5,833	4%	6,055	0%	14	12,110	11,667	4%	12,110	0%
0	56,250	-100%	0	0%	15	0	112,500	-100%	0	0%
60	417	-86%	21,538	-100%	16	60	834	-93%	22,703	-100%
19,332	19,419	0%	18,853	3%	17	38,664	38,837	0%	37,706	3%
2,026	2,833	-28%	2,419	-16%	18	4,052	7,717	-47%	3,990	2%
225	1,583	-86%	1,205	-81%	19	7,725	3,167	144%	2,342	230%
0	500	-100%	0	0%	20	0	1,000	-100%	0	0%
5,284	2,500	111%	1,129	368%	21	5,300	5,000	6%	2,702	96%
0	1,667	-100%	1,560	-100%	22	0	3,333	-100%	1,871	-100%
1,933	2,500	-23%	2,202	-12%	23	3,088	5,000	-38%	3,515	-12%
0	417	-100%	754	-100%	24	0	833	-100%	1,343	-100%
\$61,724	\$123,413	-50%	\$77,855	-21%		\$134,955	\$248,874	-46%	\$128,685	5%
\$68,027	\$68,767	-1%	\$43,652	56%		\$135,434	\$182,982	-26%	\$114,602	18%
0	2,250	-100%	0	0%	29	8,750	4,500	94%	0	0%
0	200	-100%	0	0%	30	0	400	-100%	0	0%
\$0	\$2,450	-100%	\$0	0%		\$8,750	\$4,900	79%	\$0	0%
0	0	0%	0		31	27,500	0	0%	0	
0	2,450	-100%	0		32	36,250	4,900		0	
\$68,027	\$66,317	3%	\$43,652			\$99,184	\$178,082	-44%	\$114,602	-13%
\$131,455	(\$55,589)	-336%	(\$443,877)	-130%	33	(\$295,832)	(\$151,912)	95%	(\$1,042,586)	-72%
19,945	19,102	4%	75,107	-73%	34	47,968	38,203	26%	147,907	-68%
\$151,400	(\$36,487)	-515%	(\$368,770)	-141%		(\$247,864)	(\$113,709)	118%	(\$894,679)	-72%
\$219,427	\$29,830	636%	(\$325,118)	-167%		(\$148,680)	\$64,373	-331%	(\$780,077)	-81%

MARK TWAIN HEALTH CARE DISTRICT
BALANCE SHEET
AUGUST 2018

ASSETS	AUGUST 2018	JUNE 2018	LIABILITIES AND NET ASSETS	AUGUST 2018	JUNE 2018
<u>CURRENT ASSETS</u>			<u>CURRENT LIABILITIES</u>		
Cash and cash equivalents	\$962,748	\$1,149,008	Accounts payable and accrued expenses	\$60,404	\$118,841
Umpqua Investments	711,914	710,298	Deferred Rental Revenue	38,697	38,617
Investments - CDARS	0	0	Security Deposits	3,275	3,275
Due from Calaveras County	165,334	49,415	Due to MTMC Corporation - rental clearing	42,185	47,458
Security Deposit	0	0	Payroll Liabilities	12,033	11,655
Accrued Interest Receivable	0	0			
Accounts Receivable (net)	53,911	76,166			
Prepaid expenses and other	12,869	15,369			
	<hr/>	<hr/>	Total Current liabilities	<hr/>	<hr/>
Total current assets	\$1,906,775	\$2,000,256		\$156,595	\$219,845
<u>LONG TERM INVESTMENTS</u>					
Minority Interest in MTMC	\$14,592,571	\$14,839,860			
Total LT Investments	\$14,592,571	\$14,839,860			
<u>PROPERTY, PLANT AND EQUIPMENT</u>					
Land and land improvements	\$1,339,564	\$1,339,564			
Buildings and improvements	4,568,729	4,568,729			
Construction in Progress (Valley Springs)	734,314	601,422			
Equipment	698,156	698,156			
Total gross PPE	\$7,340,763	\$7,207,871			
Accumulated Depreciation	(5,322,763)	(5,318,899)			
Net property, plant and equipment	\$2,018,000	\$1,888,972			
<u>OTHER ASSETS</u>			<u>NET ASSETS (Fund Balances)</u>		
Capitalized Lease Negotiation	341,143	341,143	Fund balance - District	\$4,012,577	\$3,567,543
Payroll Clearing	-	-	Fund balance - Minority Interest in MTMC	14,839,860	15,427,656
Intangible assets	1,863	2,051	Fund balance - District CY	99,184	445,034
			Fund balance - Minority Interest CY	(247,864)	(587,796)
Total other assets	\$343,006	\$343,194			
			Total net assets	\$18,703,757	\$18,852,437
Total Assets	<hr/>	<hr/>	Total Liabilities and Net Assets	<hr/>	<hr/>
	\$18,860,352	\$19,072,282		\$18,860,352	\$19,072,282

Rolling 12 Month Financial Statements Revenue and Expense

	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18
Revenue												
Rental revenue	\$25,837	\$25,837	\$25,837	\$25,837	\$25,837	\$25,837	\$26,587	\$26,587	\$26,587	\$26,587	\$26,587	\$26,587
Land rental revenue	481	481	481	481	481	481	481	481	481	481	481	481
MOB Lease Rent	18,458	18,391	18,391	18,078	18,178	18,330	18,330	18,330	18,330	18,330	18,656	18,688
District Tax Revenue	77,083	77,083	77,083	77,083	120,146	83,235	83,235	83,235	77,978	77,978	93,805	83,029
Interest/Investment Income	164	169	163	169	169	264	294	247	229	222	1,108	966
Other Miscellaneous Income	77	204	(705)	3,257	(1,145)	(1,274)	(723)	0	263	5,112	0	0
Total revenue	\$122,099	\$122,165	\$121,251	\$124,905	\$163,665	\$126,873	\$128,204	\$128,880	\$123,868	\$128,710	\$140,638	\$129,751
Expenses												
Salaries & Benefits	0	0	0	0	0	0	0	0	0	0	16,336	17,122
Payroll Expense	22,091	20,956	22,483	20,358	14,416	23,722	20,062	18,710	17,197	17,540	1,257	1,309
Insurance	1,250	2,286	1,250	1,535	1,250	1,250	1,535	1,250	2,500	1,670	1,868	1,250
Legal Fees	7,513	872	1,628	0	2,154	933	1,285	0	0	35,794	5,000	3,500
Audit/Accounting Fees	157	67	10,009	8,282	50	153	51	86	102	51	0	129
Operational Consulting Fees	2,729	1,800	7,454	26,600	62,365	92,730	34,379	5,000	11,284	1,500	12,685	3,500
MTMC Administrative Services	6,055	6,055	6,055	6,055	6,055	6,055	6,055	6,055	6,055	6,055	6,055	6,055
Utilities	0	0	0	0	0	0	0	0	0	0	0	0
Valley Springs Repairs/Maintenance - Rental	1,563	12,921	9,164	7,222	153	1,022	244	(1,053)	(955)	4,609	0	60
MOB Rent	18,853	18,853	18,853	18,853	18,853	18,853	18,853	18,853	18,853	18,853	19,332	19,332
Depreciation and Amortization	2,419	2,419	3,560	2,028	2,028	2,028	2,028	2,028	2,028	2,026	2,026	2,026
Dues and Subscriptions	1,138	1,138	3,771	1,163	2,388	1,168	1,164	1,138	(675)	0	7,500	225
Travel, Meals and Lodging	2,124	5,354	(800)	3,161	1,744	37	1,583	635	1,346	2,507	16	5,284
Community Education & Marketing	3,344	3,969	0	1,000	0	0	0	0	0	1,200	0	0
Office Supplies and Expenses	1,863	4,257	975	2,740	1,492	2,396	2,255	1,854	2,700	1,745	1,156	1,933
Total expenses	\$71,099	\$87,947	\$84,402	\$100,997	\$112,948	\$153,847	\$92,994	\$54,556	\$60,436	\$93,550	\$73,231	\$61,725
Operating Income (Loss) Before Programs & Events	\$51,000	\$34,218	\$36,849	\$23,908	\$50,717	(\$26,974)	\$35,210	\$74,324	\$63,433	\$35,160	\$67,407	\$68,026
Grants and Sponsorships:												
Stay Vertical	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$8,750	\$0
Chronic Disease Program	0	0	0	0	0	0	0	0	0	0	0	0
High School Scholarship	0	0	3,956	0	0	0	0	0	0	0	0	0
Community Health Programs	0	1,532	0	0	0	0	0	0	0	0	0	0
Outpatient Telehealth	0	0	0	0	0	0	0	0	0	0	0	0
Total Sponsorships	0	1,532	3,956	0	0	0	0	0	0	0	8,750	0
Golden Health Community Grants	0	0	0	0	0	0	0	41,925	0	0	27,500	0
Total Grants and Sponsorships	0	1,532	3,956	0	0	0	0	41,925	0	0	36,250	0
Operating Income (Loss) After Grants and Sponsorships	\$51,000	\$32,686	\$32,893	\$23,908	\$50,717	(\$26,974)	\$35,210	\$32,399	\$63,433	\$35,160	\$31,157	\$68,026
Other Income/Expense												
Minority Interest in MTMC Operations	(\$295,078)	(\$747,794)	(\$505,890)	\$1,421,946	\$95,636	(\$16,292)	\$220,938	(\$420,714)	(\$231,063)	\$463,762	(\$427,287)	\$131,455
Minority Interest in MTMC Investments	70,483	60,095	41,557	23,519	97,626	9,833	(34,303)	2,197	13,768	33,713	28,023	19,945
Total Other Income/Expense	(\$224,595)	(\$687,699)	(\$464,333)	\$1,445,465	\$193,262	(\$6,459)	\$186,635	(\$418,517)	(\$217,295)	\$497,475	(\$399,264)	\$151,400
Net Income (loss)	(\$173,595)	(\$655,013)	(\$431,440)	\$1,469,373	\$243,979	(\$33,433)	\$221,845	(\$386,118)	(\$153,862)	\$532,635	(\$368,107)	\$219,427

Rolling 12 Month Financial Statements Balance Sheet

ASSETS	September 2017	October 2017	November 2017	December 2017	January 2018	February 2018	March 2018	April 2018	May 2018	June 2018	July 2018	August 2018
CURRENT ASSETS												
Cash and cash equivalents	\$968,939	\$832,628	\$852,538	\$742,485	\$1,206,877	\$1,092,996	\$977,959	\$939,515	\$1,241,630	\$1,149,008	\$1,121,705	\$962,748
Umpqua Investments	705,471	705,675	704,921	708,177	707,032	705,758	705,035	705,035	705,186	710,298	711,177	711,914
Investments - CDARS	0	0	0	0	0	0	0	0	0	0	0	0
Due from Calaveras County	231,249	308,332	385,415	462,498	33,294	116,529	199,764	282,999	(28,563)	49,415	82,667	165,334
Security Deposit	0	0	0	0	0	0	0	0	0	0	0	0
Accrued Interest Receivable	0	0	0	0	0	0	0	0	0	0	0	0
Accounts Receivable (net)	119,031	123,727	59,132	119,322	117,180	55,601	62,399	54,581	53,266	74,938	56,582	53,911
Prepaid expenses and other	18,538	16,150	13,763	11,375	8,988	6,600	4,213	1,825	1,250	15,369	14,119	12,869
Total current assets	\$2,043,229	\$1,986,512	\$2,015,768	\$2,043,858	\$2,073,371	\$1,977,484	\$1,949,370	\$1,983,955	\$1,972,770	\$1,999,028	\$1,986,250	\$1,906,776
Minority Interest in MTMC	\$14,308,382	\$13,620,683	\$13,156,350	\$14,601,815	\$14,795,077	\$14,788,618	\$14,975,253	\$14,556,736	\$14,339,441	\$14,836,915	\$14,441,170	\$14,592,571
PROPERTY, PLANT AND EQUIPMENT												
Land and land improvements	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564	\$1,339,564
Buildings and improvements	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729	4,568,729
Construction in Progress (Valley Springs)	358,893	361,810	363,628	364,038	364,038	407,134	463,639	467,289	530,967	601,422	601,422	734,314
Equipment	698,157	698,157	698,157	698,156	698,156	698,156	698,156	698,156	698,156	698,156	698,156	698,156
Total gross PPE	\$6,965,343	\$6,968,260	\$6,970,078	\$6,970,487	\$6,970,487	\$7,013,583	\$7,070,088	\$7,073,738	\$7,137,416	\$7,207,871	\$7,207,871	\$7,340,763
Accumulated Depreciation	(5,290,491)	(5,292,815)	(5,296,282)	(5,298,215)	(5,300,149)	(5,302,083)	(5,304,017)	(5,305,951)	(5,307,885)	(5,318,899)	(5,320,831)	(5,322,763)
Net property, plant and equipment	\$1,674,852	\$1,675,445	\$1,673,796	\$1,672,272	\$1,670,338	\$1,711,500	\$1,766,071	\$1,767,787	\$1,829,531	\$1,888,972	\$1,887,040	\$2,018,000
OTHER ASSETS												
Capitalized Lease Negotiation	272,929	274,346	277,761	277,761	289,968	318,671	323,587	323,587	326,196	341,143	341,142	341,143
Payroll Clearing	-	-	-	-	-	-	-	-	-	-	-	-
Intangible assets	2,897	2,803	2,709	2,615	2,521	2,427	2,333	2,239	2,145	2,051	1,957	1,862
Total other assets	\$275,826	\$277,149	\$280,470	\$280,376	\$292,488	\$321,098	\$325,920	\$325,826	\$328,341	\$343,194	\$343,099	\$343,005
Total assets	\$18,302,289	\$17,559,789	\$17,126,384	\$18,598,321	\$18,831,274	\$18,798,701	\$19,016,614	\$18,634,304	\$18,470,083	\$19,068,109	\$18,657,560	\$18,860,352
LIABILITIES AND NET ASSETS												
CURRENT LIABILITIES												
Accounts payable and accrued expenses	\$112,179	\$27,624	\$27,624	\$33,679	\$27,624	\$27,624	\$27,624	\$33,678	\$27,624	\$117,612	\$74,849	\$60,404
Deferred Rental Revenue	38,087	38,036	37,986	38,138	38,290	38,290	38,290	38,290	38,290	38,617	38,617	38,697
Deferred Tax Revenue	0	0	0	0	0	0	0	0	0	0	0	0
Security Deposits	3,275	3,275	3,275	3,275	3,275	3,275	3,275	4,275	3,275	3,275	3,275	3,275
Due to MTMC Corporation - rental clearing	71,187	68,551	65,914	63,278	60,641	58,004	55,368	52,731	50,095	47,458	44,822	42,185
Payroll Liabilities	8,704	8,460	9,182	8,176	5,690	9,185	7,890	7,280	6,613	11,655	11,667	12,033
Total current liabilities	\$233,432	\$145,946	\$143,981	\$146,546	\$135,519	\$136,378	\$132,447	\$136,254	\$125,897	\$218,617	\$173,230	\$156,595
NET ASSETS (Fund Balances)												
Fund balance - District	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,604,722	\$3,567,543	\$4,012,577	\$4,012,577
Fund balance - Minority Interest in MTMC	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	15,427,656	14,839,860	14,839,860
Fund balance - District CY	155,753	188,439	221,332	245,239	295,957	268,983	304,193	336,593	400,025	445,034	31,157	99,184
Fund balance - Minority Interest CY	(1,119,273)	(1,806,973)	(2,271,306)	(825,841)	(632,580)	(639,038)	(452,403)	(870,920)	(1,088,216)	(590,741)	(399,264)	(247,864)
Total net assets	\$18,068,857	\$17,413,843	\$16,982,403	\$18,451,775	\$18,695,755	\$18,662,323	\$18,884,167	\$18,498,050	\$18,344,186	\$18,849,492	\$18,484,330	\$18,703,757
Total Liabilities and net assets	\$18,302,289	\$17,559,789	\$17,126,384	\$18,598,321	\$18,831,274	\$18,798,701	\$19,016,614	\$18,634,304	\$18,470,083	\$19,068,109	\$18,657,560	\$18,860,352

MARK TWAIN HEALTH CARE DISTRICT

STATEMENT OF REVENUES & EXPENSES

BUDGET FISCAL YEAR 2019

	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	TOTAL
INCOME													
550.10 · Rental Revenue	104,222	56,765	56,765	56,765	56,765	56,765	56,765	56,765	56,765	56,765	56,765	56,765	728,633
550.20 · Land Rental Revenue	481	481	481	481	481	481	481	481	481	481	481	481	5,777
550.30 · MOB Rental Revenue	18,932	18,932	18,932	18,932	18,932	18,932	18,932	18,932	18,932	18,932	18,932	18,932	227,181
560.10 · District Tax Revenue	82,667	82,667	82,667	82,667	82,667	82,667	82,667	82,667	82,667	82,667	82,667	82,667	992,000
570.10 · Interest Income (Investments)	-	-	-	13,333	13,333	13,333	13,333	13,333	13,333	13,333	13,333	13,333	120,000
570.20 · Other Miscellaneous Income	-	-	-	-	-	-	-	-	-	-	-	-	-
570.30 · Lease Interest Income	33,377	33,335	33,293	33,250	33,208	33,165	33,122	33,079	33,036	32,993	32,949	32,905	397,712
TOTAL INCOME	239,678	192,179	192,137	205,428	205,386	205,343	205,300	205,257	205,214	205,171	205,127	205,083	2,471,303
EXPENSE													
66000 · Payroll Expenses	1,160	1,160	1,160	1,160	1,160	1,160	1,281	1,281	1,665	1,665	1,665	1,665	16,184
700.00 · Benefits	-	-	-	-	-	-	-	-	1,325	1,325	1,325	1,325	5,300
705.10 · Salaries	16,667	16,667	16,667	16,667	16,667	16,667	16,667	16,667	21,667	21,667	21,667	21,667	220,000
710.81 · Insurance - D & O	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	20,000
715.23 · Legal Fees	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	60,000
715.24 · Audit Fees	-	-	-	6,000	5,500	-	-	-	-	-	-	-	11,500
715.26 · Operational Consulting	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	60,000
720.64 · Accounting Services	5,833	5,833	5,833	5,833	5,833	5,833	5,833	5,833	5,833	5,833	5,833	5,833	70,000
731.00 · Community Education & Marketing	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	1,667	20,000
732 · Election Costs	-	-	-	-	-	-	-	-	-	-	-	-	-
734.00 · MOB Rent	19,419	19,419	19,419	19,419	19,419	19,419	19,419	19,419	19,419	19,419	19,419	19,419	233,024
735.00 · Depreciation & Amortization	4,884	2,833	2,833	2,833	2,833	2,833	2,833	2,833	2,833	2,833	2,833	2,833	36,045
737.01 · Valley Springs Rental	417	417	417	417	417	417	417	417	417	417	417	417	5,000
740.xx · Board Stipends	500	500	500	500	500	500	500	500	500	500	500	500	6,000
740.86 · Dues & Subscriptions	1,583	1,583	1,583	1,583	1,583	1,583	1,583	1,583	1,583	1,583	1,583	1,583	19,000
740.87 · Outside Training/Conferences	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	15,000
740.88 · Travel, Meals & Lodging	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	15,000
740.89 · Office Supplies and Expense	2,500	2,500	2,500	2,500	2,500	2,500	2,500	2,500	2,500	2,500	2,500	2,500	30,000
740.90 · Other Miscellaneous Expenses	417	417	417	417	417	417	417	417	417	417	417	417	5,000
FROM: Grants & Sponsorships	2,450	2,450	3,250	3,250	6,450	2,450	2,450	2,450	2,450	102,450	2,450	502,450	635,000
FROM: Valley Springs Clinic	-	-	-	-	-	-	-	-	12,500	12,500	12,500	12,500	50,000
FROM: Utilities	56,250	56,250	56,250	56,250	56,250	56,250	56,250	56,250	56,250	56,250	56,250	56,250	675,000
FROM: Debt Service	-	-	2,374	3,866	5,433	6,925	7,966	9,458	10,950	12,442	13,933	15,425	88,772
TOTAL EXPENSES	127,913	125,862	129,036	136,528	140,795	132,787	133,949	135,441	156,142	257,634	159,125	660,617	2,295,826
NET INCOME / <LOSS>	111,765	66,317	63,101	68,900	64,591	72,556	71,352	69,817	49,072	(52,463)	46,002	(455,533)	175,477

MARK TWAIN HEALTH CARE DISTRICT

BALANCE SHEET

BUDGET FISCAL YEAR 2019

	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	Projected FY2018
ASSETS													
Cash and Cash Equivalents	12,904,649	13,314,073	13,208,033	13,107,835	13,003,369	12,906,912	13,354,893	12,655,781	12,535,969	12,314,665	12,588,669	11,964,382	939,515
Umpqua Investments	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035	705,035
Due from Calaveras County	127,667	165,333	248,000	330,667	413,333	496,000	33,067	115,733	198,400	281,067	(33,067)	49,600	45,000
Accounts Receivable (net)	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000	55,000
Prepaid Expenses	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000	20,000
Total Current Assets	13,812,351	14,259,441	14,236,068	14,218,536	14,196,738	14,182,947	14,167,994	13,551,550	13,514,404	13,375,766	13,335,637	12,794,017	1,764,550
Minority Interest in MTMC	295,900	295,900	295,900	295,900	295,900	295,900	295,900	295,900	295,900	295,900	295,900	295,900	14,795,900
Property Plant & Equipment	6,606,450	6,606,450	6,606,450	6,606,450	6,606,450	6,606,450	6,606,450	7,206,450	7,206,450	7,206,450	7,206,450	7,206,450	6,606,450
Construction in Progress (Valley Springs)	467,289	785,927	1,279,726	1,798,526	2,292,325	2,637,193	3,130,992	3,624,792	4,118,591	4,612,391	5,106,190	5,600,000	467,289
Accumulated Depreciation	(5,311,753)	(5,313,687)	(5,315,621)	(5,317,555)	(5,319,489)	(5,321,423)	(5,323,357)	(5,325,291)	(5,327,225)	(5,329,159)	(5,331,093)	(5,333,027)	(5,309,819)
Net PP&E (Capital Assets)	1,761,986	2,078,690	2,570,555	3,087,421	3,579,286	3,922,220	4,414,085	5,505,951	5,997,816	6,489,682	6,981,547	7,473,423	1,763,920
Capital Leaseback	8,421,391	8,410,741	8,400,048	8,389,313	8,378,535	8,367,715	8,356,852	8,345,946	8,334,996	8,324,004	8,312,968	8,301,888	0
Capitalized Lease Negotiation	322,688	321,789	320,890	319,992	319,093	318,194	317,295	316,396	315,497	314,598	313,700	312,801	323,587
Intangible Assets	0	0	0	0	0	0	0	0	0	0	0	0	2,051
Total Assets	24,614,316	25,366,561	25,823,462	26,311,161	26,769,552	27,086,975	27,552,126	28,015,742	28,458,614	28,799,950	29,239,752	29,178,028	18,650,008
LIABILITIES													
Accounts Payable & Accrued Expenses	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000	34,000
Deferred Rent Revenue	5,938,290	5,838,290	5,738,290	5,638,290	5,538,290	5,438,290	5,338,290	5,238,290	5,138,290	5,038,290	4,938,290	4,838,290	38,290
Security Deposits	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275	4,275
Due to MTMC - Rental Clearing	-	-	-	-	-	-	-	-	-	-	-	-	47,457
Payroll Liabilities	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500	8,500
USDA Construction Loan	-	785,927	1,279,726	1,798,526	2,292,325	2,637,193	3,130,992	3,624,792	4,118,591	4,612,391	5,106,190	5,600,000	0
Total Liabilities	5,985,065	6,670,992	7,064,791	7,483,591	7,877,390	8,122,258	8,516,057	8,909,857	9,303,656	9,697,456	10,091,255	10,485,065	132,522
NET POSITION (FUND BALANCE)													
Designated Fund Reserve	7,000,000	7,000,000	7,000,000	7,000,000	7,000,000	7,000,000	8,000,000	8,000,000	8,000,000	8,000,000	8,000,000	8,000,000	-
Debt Service Reserve	2,667	5,334	8,001	10,668	13,335	16,002	18,669	21,336	24,003	26,670	29,337	32,000	-
PP&E Valley Springs Clinic Reserve	600,000	600,000	600,000	600,000	600,000	600,000	600,000	-	-	-	-	-	-
Invested in Capital Assets	10,183,377	9,703,504	9,690,877	9,678,208	9,665,496	9,652,742	9,639,945	10,227,105	10,214,221	10,201,295	10,188,325	10,175,311	1,763,920
Unrestricted Fund Balance	843,207	1,386,731	1,459,792	1,538,695	1,613,330	1,695,974	777,455	857,445	916,733	874,530	930,835	485,652	16,753,566
Total Fund Balance	18,629,251	18,695,569	18,758,670	18,827,571	18,892,162	18,964,718	19,036,069	19,105,886	19,154,958	19,102,495	19,148,497	18,692,963	18,517,486
Total Liabilities and Fund Balance	24,614,316	25,366,561	25,823,462	26,311,161	26,769,552	27,086,975	27,552,126	28,015,742	28,458,614	28,799,950	29,239,752	29,178,028	18,650,008

Mark Twain Healthcare District
Simplified Cash Flow
August 2018

CASH RECEIVED

Mark Twain Medical Center	\$	23,200
Stockton Cardiology		6,784
Mark Twain Medical Center		15,345
Rental Income - Valley Springs		750
Jake Koplen		481
Calaveras County		362
Bank of Stockton		15
Umpqua Bank		229
reimbursement - Insurance		-
reimbursement - SDLF		600
reimbursement - MTMC utilities		53,190
Total Cash Received in Month	\$	<u>100,957</u>

Comment

Pymt-Hospital Lease Agreement
MOB rental suite 101
Pymt-MOB rental suites 102,103,104,105
1 Month rent
Land Lease - parcel #5
Property Tax Revenue adjustment
Adjustment to balance
Money Market interest/Investments
Against Expense
Against Expense
utilities

CASH PAID OUT

IRS/EDD - Payroll & Taxes		18,065
Check Register	\$	<u>241,849</u>
NET CHANGE IN CASH BALANCE	\$	<u>(158,958)</u>

See check register for detail

Mark Twain Healthcare District
Check Register
August 2018

Type	Date	Num	Name	Memo	Cir	Split	Amount
100.30 - Umpqua Bank Checking	Check	08/02/2018	14730	CPUD plant maint		√ -SPLIT-	(2,748.21)
	Check	08/02/2018	14731	PG&E 46995152991 VS Clinic # 9		√ 730.77 · Electricity	(294.92)
	Check	08/02/2018	14732	PG&E 74021406306 SAFMC		√ 730.77 · Electricity	(924.79)
	Check	08/02/2018	14733	PG&E 46578486352 VS Clinic # 10		√ 730.77 · Electricity	(265.13)
	Check	08/02/2018	14734	Peggy Stout		√ 740.88 · Travel, Meals & Lodging	(21.80)
	Check	08/02/2018	14735	City of Angels		√ 730.79 · Water/Sewer	(170.40)
	Check	08/02/2018	14736	San Andreas Sanitary District-plant maint		√ 730.79 · Water/Sewer	(7,620.43)
	Check	08/02/2018	14737	Arnaudo Bros., L.P.		√ -SPLIT-	(19,331.89)
	Check	08/13/2018	14738	AT&T 457-7		√ 730.85 · Telephone	(4.67)
	Check	08/13/2018	14739	AT&T 0518795579001		√ -SPLIT-	(37.44)
	Check	08/13/2018	14740	AT&T 754-9362		√ 730.85 · Telephone	(784.93)
	Check	08/13/2018	14741	AT&T OneNet		√ 730.85 · Telephone	(1,166.26)
	Check	08/13/2018	14742	Gateway Press		√ 740.89 · Office Supplies and Expense	(12.87)
	Check	08/13/2018	14743	Aspen Street Architects		√ 152.92 · CIP - VS Clinc Land Costs	(4,335.00)
	Check	08/13/2018	14744	Dr. Randall Smart		740.88 · Travel, Meals & Lodging	(47.00)
	Check	08/13/2018	14745	Randy Smart		740.87 · Outside Training/Conferences	(375.00)
	Check	08/13/2018	14746	CPPA Plant Maint		√ 730.77 · Electricity	(28,129.22)
	Check	08/13/2018	14747	Tribble and Ayala		√ 715.22 · Accounting Fees	(129.00)
	Check	08/13/2018	14748	PG&E 2306121143-1 ortho		√ 730.77 · Electricity	(1,241.05)
	Check	08/13/2018	14749	PG&E 89195984003 Cancer/Infusion		√ -SPLIT-	(1,031.30)
	Check	08/13/2018	14750	PG&E 71068388090 Pain Mgmt		√ -SPLIT-	(902.97)
	Check	08/13/2018	14751	PG&E 39918320076 Cancer		√ -SPLIT-	(410.16)
	Check	08/13/2018	14752	Columbia Communications, Inc.		√ 730.85 · Telephone	(664.00)
	Check	08/13/2018	14753	J.S. West		√ 730.78 · Natural Gas	(18.55)
	Check	08/13/2018	14754	Calaveras Telephone		√ 730.85 · Telephone	(465.97)
	Check	08/13/2018	14755	Quint & Thimmig LLP		200.10 · Other Accounts Payable	(30,000.00)
	Check	08/13/2018	14756	Mark Twain Medical Center		740.89 · Office Supplies and Expense	(156.00)
	Check	08/15/2018	14757	Calaveras County Public Works		√ 152.92 · CIP - VS Clinc Land Costs	(83,628.00)
	Check	08/15/2018	14758	Calaveras County Building Department		152.92 · CIP - VS Clinc Land Costs	(23,237.34)
	Check	08/15/2018	14759	Your Type		√ 740.89 · Office Supplies and Expense	(285.00)
	Check	08/15/2018	14760	Kirk Stout		√ 737.01 · Valley Springs Rental	(60.00)
	Check	08/15/2018	14761	Campora Propane	Acct # 502288	√ -SPLIT-	(94.85)
	Check	08/15/2018	14762	Streamline	Invoice 96546	740.89 · Office Supplies and Expense	(200.00)
	Check	08/29/2018	14763	Cardmember Service		-SPLIT-	(5,916.31)
	Check	08/29/2018	14764	Public Property Financing Corporation		715.26 · Operational Consulting	(3,500.00)
	Check	08/29/2018	14765	AT&T 795-2997749		730.85 · Telephone	(78.02)
	Check	08/29/2018	14766	Susan Atkinson		740.88 · Travel, Meals & Lodging	(320.84)
	Check	08/29/2018	14767	Cal.net-Motherlode		740.89 · Office Supplies and Expense	(14.53)
	Check	08/29/2018	14768	Calaveras First		740.89 · Office Supplies and Expense	(220.00)
	Check	08/29/2018	14769	ACHD		740.86 · Dues & Subscriptions	(225.00)
	Check	08/29/2018	14770	CCWD		√ -SPLIT-	(826.28)
	Check	08/31/2018	14800	Aspen Street Architects		-SPLIT-	(20,413.19)

Mark Twain Healthcare District
Check Register
August 2018

Type	Date	Num	Name	Memo	Cir	Split	Amount
Check	08/31/2018	14801	Susan Atkinson			740.88 · Travel, Meals & Lodging	(262.15)
Check	08/31/2018	14802	CCWD			152.92 · CIP - VS Clinc Land Costs	(1,278.80)
						TOTAL	(241,849.27)

Total 100.30 · Umpqua Bank Checking

**Mark Twain Healthcare District
Miscellaneous Expense
August 2018**

	<u>Type</u>	<u>Date</u>	<u>Num</u>	<u>Name</u>	<u>Memo</u>	<u>Amount</u>
740.00 - Miscellaneous						
740.86 - Dues & Subscriptions						
	Check	08/29/2018	14769	ACHD	ACHD 2018-2019 membership - balance due	225.00
Total 740.86 - Dues & Subscriptions						<u>225.00</u>
740.87 - Outside Training/Conferences						
	Check	08/13/2018	14745	Randy Smart	CSDA Leadership Conference	375.00
	Check	08/29/2018	14763	Cardmember Service	ACT Registration	4,631.91
	General Journal	08/31/2018	11414		Susan Atkinson Rebate	<u>(600.00)</u>
Total 740.87 - Outside Training/Conferences						4,406.91
740.88 - Travel, Meals & Lodging						
	Check	08/02/2018	14734	Peggy Stout	July 2018 Mileage	21.80
	Check	08/13/2018	14744	Dr. Randall Smart	july meals	47.00
	Check	08/29/2018	14766	Susan Atkinson	Reimburse for mileage - July 2018	320.84
	Check	08/31/2018	14801	Susan Atkinson	Reimburse for mileage - August 2018	<u>262.15</u>
Total 740.88 - Travel, Meals & Lodging						651.79
740.89 - Office Supplies and Expense						
	Check	08/13/2018	14742	Gateway Press	Inv # 54558	12.87
	Check	08/13/2018	14756	Mark Twain Medical Center	7/25 breakfast	156.00
	Check	08/15/2018	14759	Your Type	Inv 204	285.00
	Check	08/15/2018	14762	Streamline	Monthly member fee - inv 97992	200.00
	Check	08/29/2018	14763	Cardmember Service	office supplies/expense	1,284.40
	Check	08/29/2018	14767	Cal.net-Motherlode	Email account	14.53
	Check	08/29/2018	14768	Calaveras First	Enterprise - inv 42538 - Classificac - Accountant	220.00
	General Journal	08/31/2018	11412		adjust to actual	<u>(15.00)</u>
Total 740.89 - Office Supplies and Expense						<u>2,157.80</u>
Total 740.00 - Miscellaneous						<u>7,441.50</u>
						<u><u>7,441.50</u></u>

**Mark Twain Health Care District
List of Renters and Leases
August 31, 2018**

9/18/2018

Name	Contract Date	Commencement Date	CPI Increase Date	Increase Rate (%)	Lease Term	expire date	MOB Suite	Location	District Pays Utilities	Type	Monthly Rent	Sq ft Rate	CAM	Total	Sq Ft.	Comments
							First Floor	704 Mountain Ranch Rd, Building E								
Stockton Cardiology	8/15/2007	8/14/2017	8/14/2019	2.0	3 years	8/14/2020	101	see above	N	Office	\$ 2,896.09	2.27	\$ 552.50	\$ 3,448.59	1,276	Current thru 08/2018
Multi-Specialty Clinic	9/1/2012	9/1/2017	9/1/2019	3.0	5 years	9/1/2022	102	see above	Y	Clinic	\$ 2,798.65	2.19	\$ 552.50	\$ 3,351.15	1,276	Current thru 08/2018
San Andreas FMC	7/1/2014	7/1/2014	7/1/2019	CPI	5 years	7/1/2019	103/104	see above	Y	Clinic	\$ 7,456.93	3.24	*	\$ 7,456.93	2,304	Current thru 08/2018
San Andreas FMC	7/1/2014	7/1/2014	7/1/2019	CPI	5 years	7/1/2019	105	see above	Y	Office	\$ 3,984.84	2.42	\$ 552.50	\$ 4,537.34	1,644	Current thru 08/2018
Total MOB lease income											<u>\$ 17,136.51</u>		<u>\$ 1,657.50</u>	<u>\$ 18,794.01</u>	<u>6,500</u>	
Valley Springs Rental																
Resource Connection	3/1/2018	3/1/2018	2/1/2019		1 Year	3/1/2019	N/A	1934 Highway 26	Y	Office	\$ 750.00	N/A	N/A	\$ 750.00		Current thru 08/2018
Hospital Lease Agreement w/ Corporation																
Mark Twain Medical Center	1/1/1990	1/1/1990			30 years	12/31/2019		768 Mountain Ranch	Reimburse	Hospital	<u>\$ 23,200.00</u>		NA	<u>\$ 23,200.00</u>		
Office Lease																
San Andreas Medical and Professional Offices (Diede)	3/1/2007	3/1/2007		3.0	20 years	2/28/2027	First Floor	704 Mountain Ranch Rd, Building E	N	Office	<u>\$ 15,959.70</u>		\$ 2,893.39	\$ 18,853.09	6,500	Rent increases 3% each year.
Land Lease																
Jake Koplen	5/3/1994	5/3/1994			50 years	5/2/2044		Parcel 5, 700 Mountain Ranch Road, MOB Bldgs A, B, C	Y	Land	\$ 481.42		NA	\$ 481.42	NA	At term of lease Improvements (buildings) become District property. May terminate lease after 35 years and purchase Improvements.
San Andreas Medical and Professional Offices (Arnaudo Bros.)	5/20/2004	5/20/2004			50 years	5/19/2054		Parcel 3, Building E (MOB Property)	N	Land	\$ 1 / Yr		NA	\$ 1 / Yr	NA	At term of lease Improvements (buildings) become District property. May terminate lease after 35 years and purchase Improvements.

* CAM charges included in rent

Conduct Related To Elections:

Public elections shall be held to fill all seats on the Board of Directors, except seats becoming vacant prior to the expiration of a Director's elected term, or as otherwise provided by law. Elections shall be conducted as provided in the Local Health Care District Law and the California Elections Code.

Elections shall be held in even-numbered years and consolidated with general elections, when feasible. The person receiving the highest number of votes for each office to be filled shall be elected. The election of the Directors shall be staggered in alternatively even-numbered years so that three (3) Directors will be elected in a given even-numbered year and the remaining Directors will be elected in the following even-numbered year.

Membership In Associations: ~~Training & Educational Conferences~~

16.1 MEMBERSHIP IN ASSOCIATIONS. The Board may authorize the payment of fees and dues to obtain membership in any local, state or national group or association organized and operated for the promotion of the public health and welfare or special district and public agency advocacy organizations.

~~**16.2 TRAINING AND EDUCATIONAL CONFERENCES.** Members of the Board of Directors may receive reimbursement for registration fees, travel expenses including mileage reimbursement, for attendance at training and educational conferences promoting public health and welfare or the advancement of the efficiency of hospital administration.~~

Board of Directors iPad Usage Policy:

I. PURPOSE AND OBJECTIVES

The purpose of this iPad Usage Policy is to establish guidelines and procedures for Board members of the Mark Twain Health Care District (MTHCD) to implement the efficient use of technology in receiving and reviewing board meeting materials and to reduce costs and waste associated with the creation and distribution of materials in paper format.

II. POLICY GUIDELINES

A. Ownership

1. Upon membership to the MTHCD Board of Directors, one iPad with accessories will be issued to each Board or standing committee member. iPads issued by the Board are the property of MTHCD and recipients have no ownership, interest, or right to title of the iPads or any information stored or annotated on the device. Upon receipt of an iPad from MTHCD, Board recipients agree to return such iPad to MTHCD upon demand.
2. The security and care of each iPad and the information stored or annotated on it is the responsibility of each recipient respectively, while it is issued to that person.
3. Upon the expiration of a recipient's service to MTHCD, their iPad shall be returned to the Executive Director whose designee will appropriately wipe (see section E. 2, below) all stored information from the iPad and reissue such iPad in accordance with this policy.
4. Replacement iPads will be issued from time to time due to wear and tear usage or material technology updates.

B. License Agreements

MTHCD is the sole licensee of the software included with the iPad. Any copying, modification, merging or distribution of the software by the recipient, including written documentation is prohibited. Any individual issued an iPad is responsible for complying with any and all hardware, software and service provider license agreements, terms of use, and applicable state and federal copyright laws, as well as any other intellectual property protections. Violations of any such licenses, terms or laws shall constitute a violation of this policy and may subject the recipient to revocation of such privileges.

C. Liability

1. Recipients are responsible for all materials sent by and/or stored or annotated on the iPad issued to them. The recipient accept responsibility for keeping the iPad free from all inappropriate or dangerous files.
2. MTHCD is not liable for any material sent by, or any material stored on, iPads issued to recipients or designated staff other than MTHCD data loaded on the iPad in connection with MTHCD business.

D. Acceptable Use

1. MTHCD only authorizes use of its iPads in a manner that supports its mission.
2. Personal use is permissible, but it may not interfere with the Board’s mission or interfere with or negatively impact any other person’s or entity’s rights, nor conflict with any laws, or District policies.
 - a. Notwithstanding the above, MTHCD iPads are not to be used for personal profit or non-profit business purposes, including but not limited to advertising, rentals, selling or buying goods or services or solicitations.
 - b. MTHCD iPads are not to be used for any illegal activities, including, but not limited to the storage or transmission of copyrighted materials not in the name of MTHCD or the recipient.
3. Installation of any applications on an issued iPad is prohibited without prior authorization by the Executive Director.

E. Loss or Damage

1. Recipients are responsible for the safety and security of their assigned iPads.
2. Theft or loss of, or damage to, a MTHCD iPad must be reported immediately to the Executive Director. In any of these instances, such iPad will be remotely wiped for the purpose of removing any sensitive or confidential data. MTHCD is not responsible for any loss, cost or harm resulting from the wiping of any data or information stored on the iPad. Wiped, for purposes of this policy, means to erase all information.
3. Recipients must not modify, upgrade or attempt to repair iPads issued under this policy without the express advance permission of the MTHCD Executive Director.

F. Internet Access

MTHCD will provide iPad recipients with internet access through Wi-Fi only; no data plan will be provided.

G. Acceptance

1. Eligible individuals may in their discretion, decline acceptance of an iPad. In such instance, that individual may receive Board meeting materials for regular, special and committee meetings on paper.
2. Individuals who decline use of an iPad shall not be entitled to any other form of equipment in replacement of the iPad.
3. All individuals who accept an iPad from MTHCD agree and acknowledge, without restriction or reservation, that any information contained in such iPad, is potentially subject to the Public Records Act.

I acknowledge that I have received, read, and understand the iPad Usage policy of Mark Twain Health Care District.

Eligible Individual Signature

Date

iPad USAGE Agreement

I, _____, recognize that the iPad and accessories provided to me by the Mark Twain Health Care District (MTHCD) is the property of MTHCD. I agree that when I leave the MTHCD, I will immediately return the property listed below in good condition.

I understand that the equipment under this agreement means any Hardware, Software or Applications provided to me. The Software or Applications provided include all Software and Applications preinstalled by the Equipment manufacturer and any Software or Applications added by the MTHCD. I agree the Equipment provided to me cannot be used for activities prohibited by the MTHCD or that may reflect unfavorably on the MTHCD.

I agree to return any equipment provided to me when requested to do so by the Board President, Executive Director (or designee). I understand the MTHCD may occasionally ask me to return the Equipment for inspection, upgrades or updates and the Equipment must be promptly returned by me upon request.

I will notify the MTHCD as soon as possible of any damage or loss of the Equipment. If the Equipment is damaged, impaired, lost or stolen through my negligence, I may be financially liable for costs of repair or replacement.

Kind of Equipment (i.e. Laptop, Printer, Software)	Equipment Manufacturer	Make and Model or Software Title and Version	Serial Number (where applicable)

_____ I decline this equipment

Signature

Executive Director

Date

Date

November 8, 2016

Revised August 1, 2018

Mark Twain Health Care District
768 Mountain Ranch Road
San Andreas, California 95249

Proposal: Owner Representative/Project/Construction Management Services
Medical Facility – Valley Springs, California

The Facility Management Group (FMG) is a local Construction/Project management firm that specializes in providing site services to owners that request to have a best efforts owner's representation during the project duration.

FMG has finished since 2000 over \$97,000,000.00 of State of California defined "Complex" projects within 50 miles of this site. The completed projects include scopes that are similar to your proposed infrastructure project. Projects range included raw land development, rough grading, storm sewer, waste water, packaged lift stations, water, site electrical, engineered pads, roads, retaining walls, masonry structures, parking lots, new and remodeled modular buildings, foundations, new building construction (wood, masonry and steel) and ADA compliance projects.

The scope of this proposal includes a combination of construction/project management services that would ensure the project is built to the plans and specifications developed by Aspen Street Architects.

Sincerely,

Patrick Van Lieshout

Patrick Van Lieshout

Facility Management Group
Patrick Van Lieshout
CASP #253
P.O. Box 1046
Valley Springs, California 95252
209-772-9300 o/f
Casp.fmg@outlook.com

CONTENT of PROPOSAL

Planning/Development/Pre-Construction Services: 1.0% x \$4,400,000.00 = \$44,000.00

- Provide oversight and recommendations as needed or required to be dictated by the District.
- Act as the liaison as the District Representative on the development phase of the proposed project.
- Attend MTHCD Board meetings and/or meetings dictated by the District.
- Provide best efforts availability (phone and/or in person) Monday through Friday.

Construction/Project Management Services: 3% x \$4,400,000 = \$132,000.00

- **8/1/18 Revised 2.5% x \$5,500,000 = \$137,000.00**
- **\$137,000.00 / 11 months = \$12,500.00**
- **\$12,500.00 - \$500.00 (site office) = \$12,000.00**

- Provide best efforts oversight of construction activities
- Ensure construction activities are performed in a safe manner and report any hazardous conditions that may affect the District.
- Prepare and provide status reports of the project construction to the District as requested.
- Provide best efforts availability (phone and/or in person) Monday through Friday.
- Maintain and update project documents onsite which would include the following:
 1. Record plan set onsite.
 2. RFI's.
 3. Submittals.
 4. CD's.

- 5. Change Orders.
- 6. Weekly project inspection updates and deviation notices.
- 7. Special Inspection log/reports.
- Attend/participate in by-weekly meetings.
- Review Pay Applications and provide recommendations.
- Assist/prepare a N.O.C. for project close out.

Provide best effort oversight during critical phases:

- Mobilization
- Survey/project controls
- Security/temporary fence
- Site work
- Building construction

Development/Pre-Construction Compensation

- Duration will be continuous until the start of the construction phase.
- Starting estimated Dec/16 through estimated Aug/17 -\$5,500.00 lump sum paid monthly.

Pay date Schedule	Amount	
12/1/16	\$5,500.00	Completed 12/16
1/1/17	\$5,500.00	Completed 1/17
2/1/17	\$5,500.00	Completed 2/17
3/1/17	\$5,500.00	Completed 3/18
4/1/17	\$5,500.00	Completed 4/18
5/1/17	\$5,500.00	Completed 5/18
6/1/17	\$5,500.00	Completed 6/18
7/1/17	\$5,500.00	Completed 7/18
Total	\$44,000.00	Completed

FACILITY MANAGEMENT GROUP

Construction/Project Management Phase Compensation

- Duration will be from construction start until the project "Notice of Completion" is recorded.
- Starting 9/1/18 through 7/31/18 - \$12,000.00 lump sum paid monthly.

Pay date schedule	Amount	
10/1/18	\$12,000.00	•
11/1/18	\$12,000.00	•
12/1/18	\$12,000.00	•
1/1/19	\$12,000.00	•
2/1/19	\$12,000.00	•
3/1/19	\$12,000.00	•
4/1/19	\$12,000.00	•
5/1/19	\$12,000.00	•
6/1/19	\$12,000.00	•
7/1/19	\$12,000.00	•
8/1/19	\$12,000.00	•

Course of construction and /or additional time requested beyond 8/1/19 is billed at \$150.00 per hour.

Mark Twain Health Care District

Date _____

Facility Management Group
 Patrick Van Lieshout
 CASp #253
 P.O. Box 1046
 Valley Springs, California 95252
 209-772-9300 o/f
Casp.fmg@outlook.com



80 Ridge Road Suite A Sutter Creek, CA 95685
(209) 223-3015 Phone (209) 233-3641 FAX
San Andreas Office - 423 E St. Charles Street (209) 498-2246
www.commongroundseniorservices.org
Non Profit Tax ID # 68-0463039

August 10, 2018

Mark Twain Health Care District
768 Mt Ranch Road
San Andreas CA 95249

To Whom It May Concern:

The Calaveras Senior Network is a group of local senior service providers who meet once a month to share information and concerns regarding services, clients, and other important information regarding our older adult population. This group has been meeting monthly for over 15 years; attendees include members from a variety of organizations such as Public Health Department, Hospice organizations, Health & Human Services, DRAIL, Murphys Senior Center, Mark Twain Medical Center, Common Ground Senior Services, Assist Care, and many others.

This Network has identified a serious concern for Caregivers that are caring for a loved one with a serious medical condition. These conditions include, but not limited to, Parkinson's Disease, Alzheimer and other types of Dementia, MS, along with those that are frail and elderly; the majority of people with these conditions are no longer able to be left alone. A long-standing issue for folks in these situations is that there are very few options for any type of respite care, educational resources or assistance with care. Additionally, many of these individual Caregivers no longer can socialize and are lacking support options. The resources that are available in Calaveras County usually have a large fee associated with these types of services, that many cannot afford. According to the *National Institute on Aging's* website, research has shown a strong correlation between social interactions and the health and well-being among older adults (see attached).

After years of discussion on this issue, the Network Group has developed a *Care for the Caregiver* Conference that will take place on November 2nd. This event will include educational speakers with strategies for coping, and breakout sessions for them to discuss personal issues for the Caregivers. In an effort to make it convenient for Caregivers to attend, this event will host a respite center for those affected with diseases, which will also allow them to participate in some socialization activities.

We are reaching out to the Health Care District for sponsorship of this event. Attached is a budget for the event. I would like to request \$2,000.00 from the Health Care District, however, any amount would be most helpful to achieve our goals. Should the Health Care District decide to assist with this event, please make the check payable to Common Ground Senior Services, who is the "pass-through" agency for funds for the Senior Network. Please feel free to contact me with any comments, questions, or concerns.

Sincerely,

Kathi Toepel
Associate Director