



We can help save your life.

Heart disease is the No. 1 killer of men.

FREE Complete Cholesterol Tests for Men during November

This lipid panel test could literally save your life!

Every man should have a complete cholesterol test (lipid panel) that measures good and bad cholesterol and triglycerides that includes a risk evaluation for heart disease and stroke. **Must be a current resident of Calaveras County to be eligible for this free lipid panel test.**

November Is Men's Health Awareness Month

We are raising awareness of men's health issues and resources and hosting a free Men's Health Seminar on Friday, November 15th. Call 754.5919.

FREE Test at Family Medical Centers and the Hospital

Angels Camp 736-0813
Angels Towne Center

Arnold 795-4193
Meadowmont Center

Mark Twain Medical Center 754-3521
768 Mountain Ranch Road, San Andreas

Valley Springs 772-9538
La Contenta Plaza

Copperopolis 785-7000
Lake Tulloch Plaza

Family Medical Centers
Appointments 754.2968

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SAVE THE DATE NOV. 15: FREE "A PLAN 4 ME" MEN'S HEALTH SEMINAR - CALL 754.5919